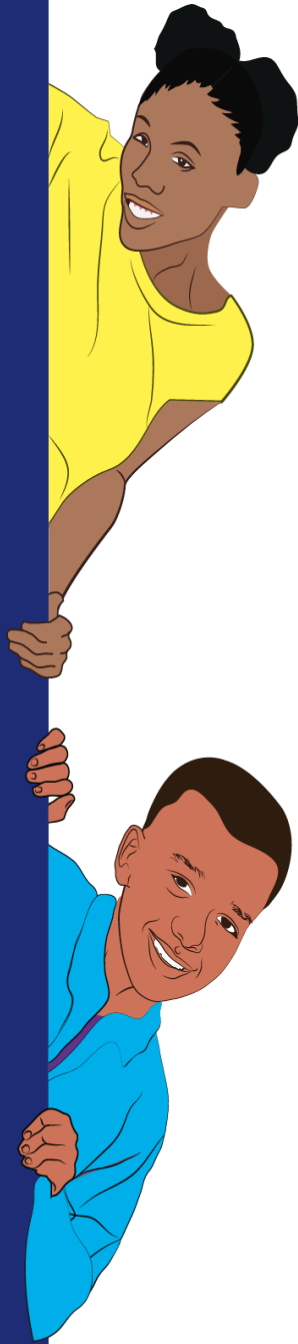


Long term clinical and psychosocial status of Community Adolescent Treatment Supporters in Harare, Zimbabwe

Godspower Sande, Rufaro July, Sungano Bondayi, Abi Mutsinze, Elizabeth Gwenzi, Tanyaradzwa Napei, Carol Wogrin, Nicola Willis

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- SAT
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- UNICEF – HIV
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- USAID
- ViiV Health care

Introduction

Young people living with HIV have been recognised as an **effective, critical cadre** in the delivery of comprehensive HIV treatment, care and support for other children and adolescents living with HIV.



KEY CONSIDERATIONS FOR DIFFERENTIATED ANTIRETROVIRAL THERAPY DELIVERY FOR SPECIFIC POPULATIONS: CHILDREN, ADOLESCENTS, PREGNANT AND BREASTFEEDING WOMEN AND KEY POPULATIONS.

World Health Organization | CDC | PEPFAR | USAID | IASA



GUIDELINES

CONSOLIDATED GUIDELINES ON THE USE OF ANTIRETROVIRAL DRUGS FOR TREATING AND PREVENTING HIV INFECTION

RECOMMENDATIONS FOR A PUBLIC HEALTH APPROACH

SECOND EDITION 2010




Trials

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Abstract
Background
Methods/design
Discussion
Declarations
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Comments

Study protocol | Open Access | Open Peer Review


Evaluating a multi-component, community-based program to improve adherence and retention in care among adolescents living with HIV in Zimbabwe: study protocol for a cluster randomized controlled trial

Wabster Mavhu   Nicola Willis, Juliet Mufuka, Collin Mangenah, Kudzanayi Mvududu, Sarah Bemays, Walter Mangeri, Taisi Apollo, Ricardo Araya, Helen A. Weiss and Frances M. Cowan

Trials 2017, 18:478
<https://doi.org/10.1186/s13063-017-2198-2> © The Author(s). 2017
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World Health Organization | UNAIDS



GLOBAL STANDARDS FOR QUALITY HEALTH-CARE SERVICES FOR ADOLESCENTS

IMPLEMENT A STANDARDS-DRIVEN APPROACH TO IMPROVE HEALTH-CARE SERVICES FOR ADOLESCENTS

standards and criteria



ICASA 2015 The 18th International Conference on AIDS and STIs in Africa



Join us!

Engaging adolescents in HIV treatment and care: approaches for improved service delivery

Join us for an exciting satellite where experts will discuss the latest evidence, guidelines, innovations and the critical role of adolescents in the scale up of adolescent treatment, care and support.

Date: Wednesday 2 December 2015
Time: 16:45-18:15
Place: Prof. Soudre Room
Hosted by Africall, Zvandri

We guarantee to have you on our feet!

Zvandri | Africall | ELMA | The Global Fund | LINKUP | unicef | World Health Organization

Introduction

- Yet young peer supporters living with HIV often experience the same multiple, complex challenges in their lives as their clients.
- But there has been limited attention to the impact of this work on the lives of peer supporters, or to their long term clinical and psychosocial outcomes.
- Since 2009, Africaid and Zimbabwe's Ministry of Health have been scaling up the Community Adolescent Treatment Supporters (CATS) intervention, a model of peer-led differentiated service delivery for children, adolescents and young people living with HIV.

Introduction

- Studies in Zimbabwe found 54% adolescents living with HIV had viral load < 1000 copies/ml
- Africaid study of 884 CATS found that 77% CATS had a VL <1000 copies/ml (see poster!)
- Other studies now examining the impact of Zvandiri and CATS on VL
- **But as former CATS, we wanted to find out more about the clinical and social status of CATS after being a CATS**

Methods

Our research team

3 former CATS

Guidance and support from
Africaid's research unit and
M&E team



Our research tools

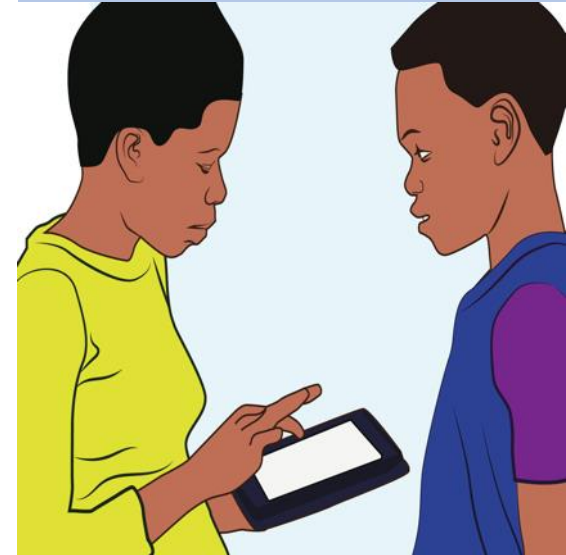
A questionnaire

- Treatment history
- Viral Load
- OIs
- Relationship status
- Disclosure to partners
- Employment status
- Mental health



Our cohort

50 young people
previously engaged as
CATS in Harare between
2009 and 2017



Results



88% (n=44) are still on 1st line

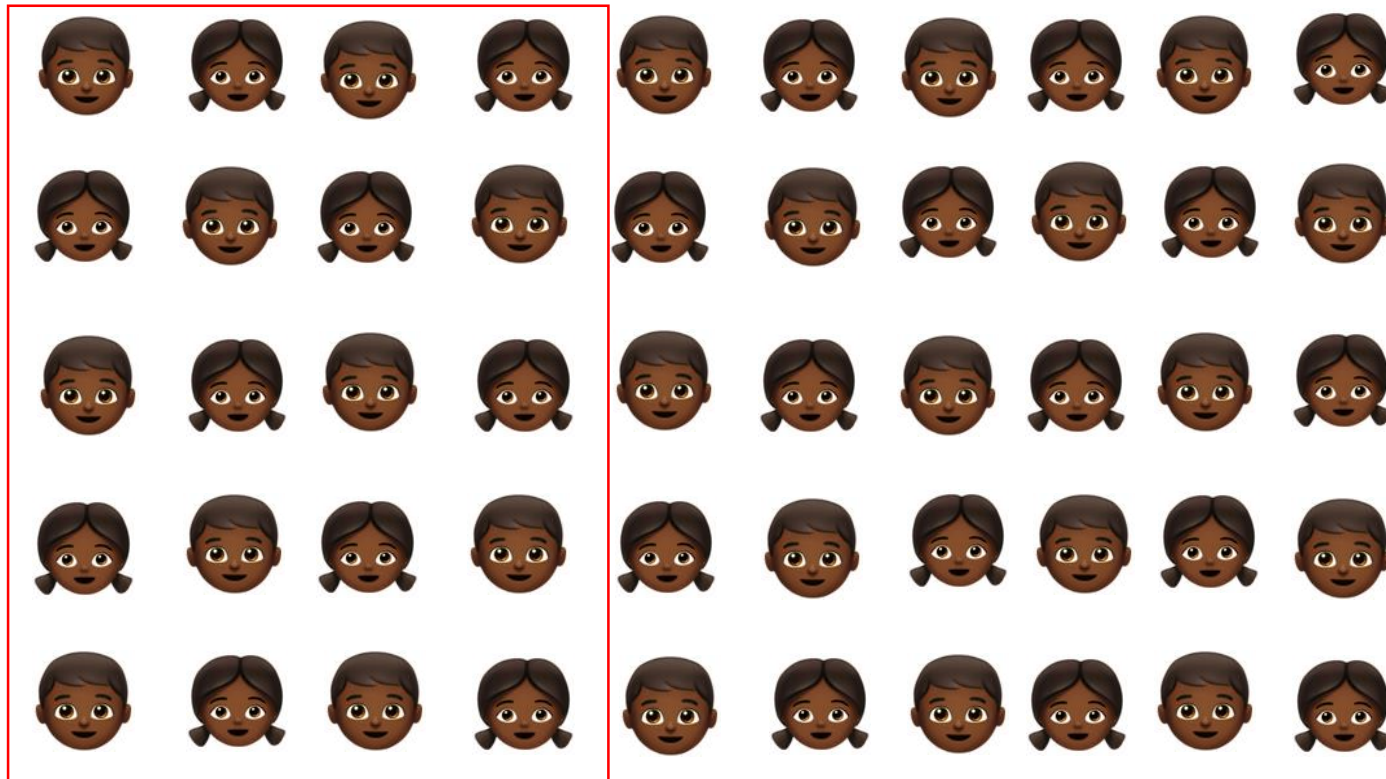
12% (n=6) are now on 2nd line

Results



92% (n=46) have undetectable loads
8% (n=4) have detectable viral loads

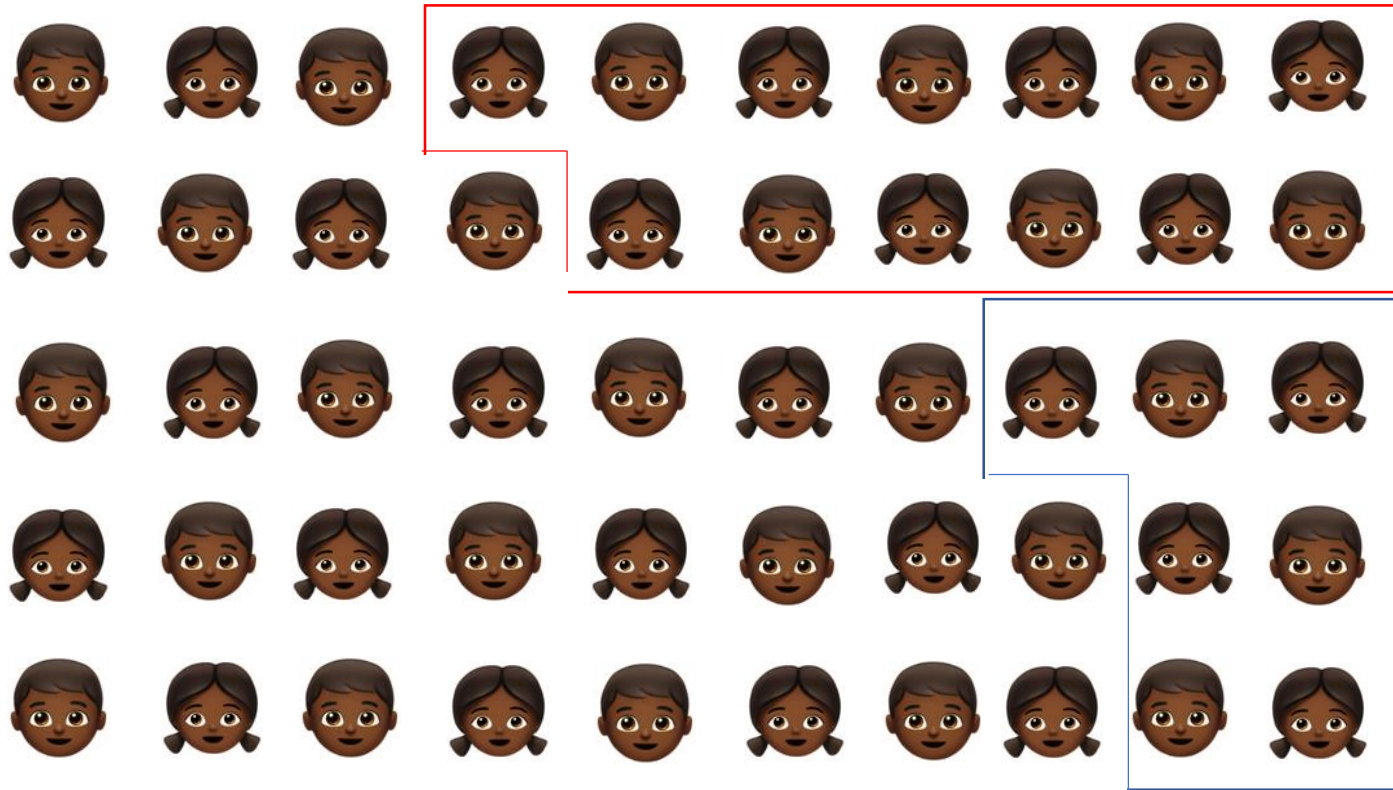
Results



40% (n=20) had an OI in the previous 9 years

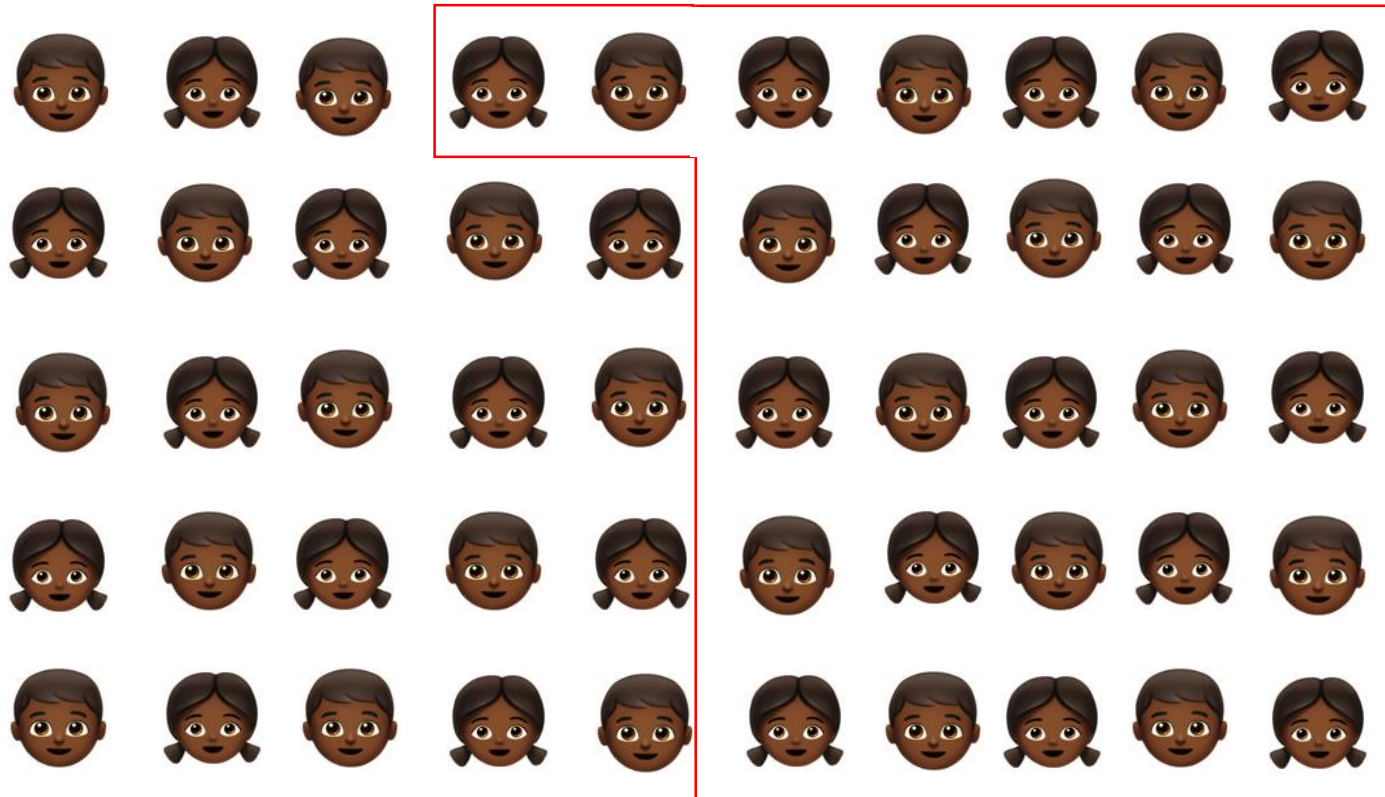
16% TB, 16% Herpes Zoster

Results



Relationships are common: **26% (n=13) are married**; **14% (n=7) are dating**
98% have disclosed to their partners (past or current)
22% (n=11) have children, 100% of whom are HIV negative.

Results



54% (n=27) are unemployed

Conclusion

- This review of former CATS confirms high rates of:
 - **viral suppression**
 - **disclosure to partners**
 - **prevention of mother to child transmission**
- But this review also confirms high rates of **unemployment**
 - Presenting future challenges for engagement in services, adherence to treatment and mental health.



Conclusion

- As peer supporters transition out of their roles into adulthood, it is critical that they are provided with economic and professional development platforms so that they may continue to develop themselves, both professionally and as young adults.
- As governments and implementing partners continue to establish and scale up peer support models, it is imperative that investments are made in supporting the clinical and psychosocial needs of this cadre of young people.

