EXECUTIVE SUMMARY

The International Workshop on HIV Pediatrics was initiated in 2008 as the only mono-topic international workshop solely focusing on HIV pediatrics. In 2016 the 8th edition of the workshop was held on 15 & 16 July in Durban, South Africa.

MEETING DEMOGRAPHICS

A total of 265 delegates participated in the event. Compared to the 2015 edition of the workshop, an increase of 5% in delegate numbers was seen. The workshop is attracted a diverse group of international participants coming from 27 different countries, 56% being from an African country. Most of them are researchers (44%), followed by clinical doctors (36%), pharmacist (3%), students (1%), Nurse (1%) and Patients/community (1%). They are mainly employed by University/Hospital (72%), INGO (18%), Industry (5%) and “other” (13%).

PROGRAM

The program included 10 invited lectures, 23 oral abstract presentations, 92 poster presentations 2 short oral poster discussions, case presentations, debates and panel discussions. This year the program was concluded with a Joint session together with the HIV Cure workshop “Towards an HIV Cure in Children” For this session 2 speakers had been invited to give a lecture and 5 experts to participate in a round table discussion. Ample time was allocated for discussion.

INTENT TO CHANGE

The conference was very well received which is reflected by the evaluation results. 95% of the respondents indicated that the lectures have increased their knowledge and 68% agreed that this program is beneficial for the clinical management of their patients. The same numbers reported that they intend to incorporate the new information into the care of their patients.

FUTURE

55% of the respondents agreed that the general meeting experience was excellent and 44% that it was good. This also shows in the percentage of participants who would recommend this educational event to their peers: 96%. 83% of the respondents indicated that they plan to attend this workshop next time, while 14% indicated they could not know yet. The Organizing Secretariat is pleased with the evaluation results of the 8th HIV Pediatrics workshop and is looking forward to an even more successful edition in 2017.

This workshop was organized in collaboration with the International AIDS Society, African Society for Pediatric Infectious Diseases, Erasmus MC, Elizabeth Glaser Pediatric AIDS Foundation, HIVNAT, Stellenbosch University, ANOVA, PENTA, ICAP, UCSD, CPARG, British Columbia Centre for Excellence in HIV/AIDS, the CTH Canadian HIV Trials Network.
CONTENT

Executive Summary .................................................................2
Workshop Description ...........................................................5
Meeting Demographics .........................................................8
Acknowledgements ...............................................................9
Organizing Committee ........................................................11
Scientific Committee ...........................................................12
Program ..............................................................................13
Participants’ Feedback ........................................................16
  Suggestions for improvement & remarks .............................16
  Intent to change ..............................................................17
  General event experience ................................................17
Lessons Learned .................................................................19
Conclusion ...........................................................................20
List of Registrants ..............................................................21
WORKSHOP DESCRIPTION

BACKGROUND

The annual International Workshop on HIV Pediatrics was initiated in 2008. HIV treatment in infants and children differs from HIV treatment in adults, and caregivers face numerous problems when treating these patients, particularly in developing countries. These difficulties include the need for early infant diagnosis to allow early initiation of treatment, lack of data on safety and drug dosing for children using newer drugs, continued problems with availability of pediatric drug formulations and special adherence issues for children. Additionally, prevention of mother to child HIV transmission remains problematic in developing countries, both in terms of implementation of known effective interventions as well as transmission through breastfeeding.

There has been a dramatic progress in prevention of mother-to-child HIV transmission (PMTCT), with a reduction in the annual number of new infections among children globally by 56% since 2010 and 70% since 2000. Antiretroviral treatment during pregnancy, delivery and breast feeding is now routinely recommended for prevention of perinatal transmission and to treat maternal HIV infection. However, while we have had great success, the work is far from finished.

The number of new infections among women of reproductive age has not declined in the last 5 years, and implementation of PMTCT has been incomplete. Worldwide, 150,000 children were newly infected with HIV in 2015, and an estimated 1.8 million children were living with HIV. There are also increasing concerns about the long term impact of in utero and postnatal exposures to antiretrovirals for those children who escape HIV.

Currently an estimated 20% of all infants born in sub-Saharan Africa are HIV- and antiretroviral-exposed during pregnancy and the postnatal period.

Even with continued scale-up of PMTCT services, it is estimated that 2 million children will need antiretroviral treatment (ART) in 2020 - but children are substantially less likely than adults to be diagnosed, engaged in care, and to access life-saving ART.

Rapid growth and organ system maturation and the emotional and cognitive changes that occur across the developmental spectrum from infancy through adolescence complicate drug development and administration. Adherence outcomes in children have been less than robust, particularly among adolescents, and mental health and behavioral issues are emerging as critical to understand and address to ensure long term treatment success.

Adolescent HIV infections accounted for 30% of new infections in 2014, and occur disproportionately in girls and young women. Uptake of HIV testing among adolescents has remained low, programs struggle to reach and retain adolescents in care, and adherence to treatment has special challenges for this age group. It is estimated that there are approximately 2.1 million adolescents living with HIV, including close to a million children 10-14 years of age.

Research in pediatric, adolescent and maternal HIV infection is often a neglected area at major scientific HIV conferences, yet is critically needed to achieve an AIDS-free generation. Therefore, we have set up a highly focused International Workshop on HIV Pediatrics together with a group of experts in this field. This Workshop has been held annually in conjunction with the International AIDS Conference since 2009, bringing together between 150-250 global experts in pediatric, adolescent and maternal HIV research each year.

The International Workshop on HIV Pediatrics provides a unique and much needed platform for international interchange on this important topic. The workshop is abstract-driven and, by bringing together experts from different disciplines who are involved in daily clinical care for infants and children, the meeting offers an interactive setting where the latest developments in the field can be presented and, more importantly, discussed, reviewed and evaluated. Additionally, the meeting brings together junior and senior researchers as well as investigators and experts in pediatric, adolescent and maternal HIV from the North and South to share information and synergize collaborations. The meeting includes a Young Investigator Award for best poster to encourage presentations and research in the pediatric HIV field by young investigators and interchange with more senior investigators.
Additionally, the meeting provides scholarships for a number of individuals with accepted abstracts from developing countries to enable them to attend the meeting and facilitate North-South interchange. The meeting also provides a forum for exchange between pediatric HIV researchers and representatives from pharmaceutical companies on new drugs and formulation needs.

The ultimate goals of this conference are to stimulate research that will enable better treatment methods and strategies for infants, children, adolescents and mothers in developed and developing countries, to encourage young investigators in continue in the pediatric HIV research field, and to stimulate new partnerships between North and South investigators in pediatric HIV research.

This annual workshop is the leading medical gathering for those involved in the pediatric care. The program provides an excellent platform to exchange the medical information and new treatment results, and to discuss them in an interactive setting with key opinion leaders.

**FORMAT**

The workshop is abstract-driven and, by bringing together experts from different disciplines who are involved in daily clinical care for infants and children, it offers an interactive setting where the latest developments in the field can be presented and discussed. The ultimate goal of this interchange is to cultivate better treatment methods and strategies for infants and children in developed and developing countries.

**UNIQUE MEETING FEATURES**

With this meeting we aim to reach the following outcomes:

- Update on research on new pediatric antiretroviral drugs and understanding of different treatment strategies in children; this information will translate into increased quality of life and survival for HIV infected children
- Understanding of available prevention technologies and their application to prevention of HIV in adolescents in high and low resource settings; this information may translate into preventive interventions for high risk adolescents in different settings
- Share results from implementation science research on how to optimally implement proven interventions for prevention of mother-to-child HIV transmission in developing countries, and research on optimizing the pediatric HIV treatment cascade including transition of HIV-infected adolescents into adult care
- Understanding risks for HIV transmission to pregnant and lactating women and implications for the fetus/infant; this will help clinicians to put in place interventions to reduce HIV transmission to pregnant and breastfeeding women and how to manage infants exposed in this manner
- Understanding complications and comorbidities of long-term HIV infection and its therapy, to enable improved management of HIV in children

**TARGET AUDIENCE**

This international workshop brings together pediatricians, adolescent specialists, virologists, immunologists, pharmacologists, obstetrician/gynaecologists, epidemiologists and other interested researchers to present and discuss the latest developments in the field of HIV Pediatrics, Drug Development and Prevention of Mother to Child Transmission.
MEETING OBJECTIVES

• To gather experts involved in HIV Pediatrics in an interactive workshop setting
• To provide a platform for presentation and discussion of the latest developments in the field
• To map all current studies and results
• To translate new data to treatment guidelines
• To educate clinicians on how to best implement current and new drugs
• To encourage international collaborations

LEARNING OBJECTIVES

• Improvement of knowledge of the most recent results in HIV treatment, in infants and children
• Integration of the latest scientific results into daily clinical care to improve the quality of life of HIV infected infants and children
• Recognition of the future challenges in screening, monitoring and diagnosis of HIV infected infants and children.
MEETING DEMOGRAPHICS

NUMBER OF REGISTRATIONS

A total of 265 delegates from 27 countries participated in the event.

GEOGRAPHICAL DISTRIBUTION

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PROFESSIONAL BACKGROUND

Mainly employed by:

- University/Hospital: 67%
- NGO: 17%
- Industry: 4%
- Other: 12%

Professional Background:

- Researcher: 51%
- Clinical Doctor: 42%
- Patients/community: 16%
ACKNOWLEDGEMENTS

The organizer acknowledges the contributions of our sponsors that have made the 8th INTERNATIONAL WORKSHOP ON HIV PEDIATRICS possible:

GOLD LEVEL

SILVER LEVEL

SUPPORTER

CONTRIBUTORS

*Funding for this conference at Silver level was made possible in part by 1R13AI134777-01 from the National Institute of Allergy and Infectious Diseases (NIAID, USA). The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
ACKNOWLEDGEMENTS

MEETING PARTNERS

ENDORSERS

The 8th INTERNATIONAL WORKSHOP ON HIV PEDIATRICS is supported by the following organizations:
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Evgeny Voronin, MD, PhD ................................................... Russian Clinical AIDS Center, Russia
Rachel Vreeman, MD, MS ......................................................... Indiana University, USA
Andrew Wiznia, MD ............................................................ Jacobi Medical Center/Family Based Services, USA
PROGRAM

LECTURES

FRIDAY 15 JULY

Session 1: Pediatric HIV Treatment and Prevention: Getting to 90-90-90

- Pediatric HIV Treatment and Prevention: From Then to Now
  Peter Mugyenyi, MBChB, DCH, FRCPI, FRCPE, ScD, JCRC, Uganda

- New WHO Guidelines on Breastfeeding
  Nigel Rollins - WHO, Switzerland

- UNICEF Consultation: Countries Implementation of B+
  Chewe Luo, MD, PhD - UNICEF, USA

- Testing at Birth – Update from South Africa
  Gayle Sherman, MBBCh, MMED, DCH, DTM&H, PhD - U. Witwatersrand, South Africa

Abstract-driven Presentations

- Treatment cascade of HIV-infected infants in Thailand National Program: how close are we to the 90-90-90 target?
  T. Puthanakit

- Impact of the frequency of plasma viral load monitoring on treatment outcome among perinatally HIV-infected Asian children stable on first-line cART
  T. Sudjaritruk

- Virological response and resistance among HIV-infected children on first-line antiretroviral therapy without routine virological monitoring
  A. Prendergast

Session 2 Pediatric Antiretroviral Therapy

- Pediatric Antiretroviral Treatment Management, Case presentations
  Moherndran Archary, MBChB, DCH, FCPaeds, Paeds ID, South Africa

- Gareth Tudor-Williams, MD, UK

- PANEL Discussants, High and Low Resource Countries
  High/Mid-resource:
  Ted Ruel, MD, USA
  Thanyawee Puthanakit, MD, Thailand

  Low resource:
  Mutsa Bwakura, MBChB, MMed, Zimbabwe
  Victor Musiime, MBChB, MMed, PhD, Uganda
### Abstract-driven Presentations

**Access to antiretroviral initiation among HIV-infected children aged 0-19 years in the International Epidemiologic Databases to Evaluate AIDS Global Network**  
*V. Leroy*

**Switching to second-line antiretroviral therapy in HIV-infected children: a CIPHER cohort collaboration global analysis**  
*R. Goodall*

**Raltegravir (RAL) pharmacokinetics (PK) and safety in HIV-1-exposed neonates at high risk of infection (IMPAACT 1110)**  
*D. Clarke*

**Young investigator posters presentation**

**HIV PCR testing at birth in KwaZulu Natal, south Africa – one year post introduction of the largest neonatal HIV testing programme**  
*F. Moyo*

**Paediatric HIV point of care testing: field evaluation of the performance of Cepheid and Alere qualitative HIV assays in a Soweto academic hospital**  
*T. Murray*

### Session 3  Adolescent Transition to Adult Care: What Do We Know and What Are The Research Priorities

**High-Resource Perspective on Adolescent Transition and Research Priorities**  
*Ali Judd, MD*, University College London, UK

**Low-Resource Perspective on Adolescent Transition and Research Priorities**  
*Mary-Ann Davies, MBChB, MMed, PhD, FC*, University of Cape Town, South Africa

**Abstract-driven Presentations:**

The global epidemiology of perinatally HIV-infected adolescents: A CIPHER Global Cohort Collaboration analysis  
*A. Slogrove*

What does adolescent transition mean in sub-Saharan Africa? Predictors of transfer in Southern African perinatally HIV-infected adolescents  
*M.A. Davies*

### Session 4  Managing Children and Youth with HIV

**It's Not Just HIV: Complications and Research Priorities in Care of HIV-Infected Youth**  
*Rashida Ferrand, PhD, MBBS, MMed, FCD*, University College London, UK

**Abstract-driven Presentations:**

Higher retention and viral suppression rates in dedicated adolescent-friendly HIV clinic in South Africa  
*B. Zanoni*

Decreased bone turnover in HIV-infected children on antiretroviral therapy  
*S. Shiau*

Efficacy of the Amagugu intervention to increase maternal HIV disclosure to HIV-uninfected primary school aged children in Southern Africa: a randomized controlled trial  
*T.J. Rochat*
**PROGRAM**

**SATURDAY 16 JULY**

**Session 5  Optimizing Diagnosis of HIV Infection in Infants and Children**

**Abstract-driven Presentations:**

Comparing Point of Care to Laboratory HIV PCR testing at birth in a hospital setting in Johannesburg, South Africa  
K.G. Technau

Does HIV DNA-PCR testing of HIV-exposed infants at birth reduce follow-up for routine testing at 4-14 weeks of age?  
E. Kalk

Impact of birth HIV PCR testing on routine 6-week EID testing in Cape Town, South Africa  
L. Dunning

Where have all the children gone? High HIV prevalence in infants attending nutrition and inpatient wards  
L. Vojnov

**Debate: PrEP Should Be Offered to All Sexually Active Adolescents for Prevention**

**PRO:** Linda-Gail Bekker, MD, Desmond Tutu HIV Foundation, South Africa

**CON:** Audrey Pettifor, PhD, UNC Chapel Hill, USA

**Session 6  Prevention of Mother To Child Transmission in Treatment Era**

**Landon Myer, MD, PhD, University of Cape Town, South Africa**

**Abstract-driven Presentations:**

Maternal Triple Antiretrovirals (mART) and Infant Nevirapine (iNVP) Prophylaxis for the Prevention of Mother-to-Child Transmission (MTCT) of HIV during Breastfeeding (BF)  
T. Taha

Outcomes of HIV-exposed infants before and after implementing Option B+ PMTCT guidelines in Kampala, Uganda: a retrospective cohort study  
P.J. Elyanu

Impact of tenofovir-containing triple antiretroviral therapy (ART) on bone mineral density in HIV-infected breastfeeding women in sub-Saharan Africa  
L. Stranix

**Session 7  Coinfections and Complications of HIV in Children**

**Simon Schaaf, MD Paed, Tygerberg Children’s Hospital, South Africa**

**Abstract-driven Presentations:**

Lung function in HIV-infected South African adolescents on antiretroviral therapy: the Cape Town adolescent antiretroviral cohort  
L. Githinji

Long-term neurodevelopmental outcomes on early limited or deferred continuous antiretroviral therapy: evidence from the CHER trial  
B. Laughton

Neuropsychological performance in African HIV children in a multi-site ARV clinical trial is poorer than non-infected children  
M. Boivin
PARTICIPANTS’ FEEDBACK

SUGGESTIONS FOR IMPROVEMENT & REMARKS

- Have adolescents present at the workshop
- More 3 mnts oral-poster presentations
- More clinical discussion debates
- More clinical talks and less epidemiology
- More basic science
- This is my favorite meeting that I attend annually
- More time for poster sessions
## PARTICIPANTS’ FEEDBACK

### INTENT TO CHANGE

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<td>This program is beneficial for the clinical management of my patients</td>
<td>38%</td>
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### GENERAL CONFERENCE EXPERIENCE

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<td>82%</td>
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Since its initiation in 2008, the International Workshop on HIV Pediatrics gives attention to the need for early infant diagnosis to allow early initiation of treatment. The format of the workshop includes roundtable discussions, presentations from experts in the field, abstract-driven presentations and posters. The workshop program clearly adds to cross-disciplinary sharing of information between pediatricians, virologists, pharmacologists, researchers and government-employed experts.

The overall opinion of the meeting was very positive, with particularly high scores for the roundtable discussion and panel debates. Participants were satisfied with the scientific content of the workshop as well as with the logistics and the format of the meeting. The Organizing Committee and the Organizing Secretariat are pleased with the results of the 8th International Workshop on HIV Pediatrics. The workshop clearly meets a need for international interchange on this important topic.

The Organizing Committee will review the report and is looking forward to organizing the 9th edition of the workshop and to welcoming returning and new participants in July 2017.
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