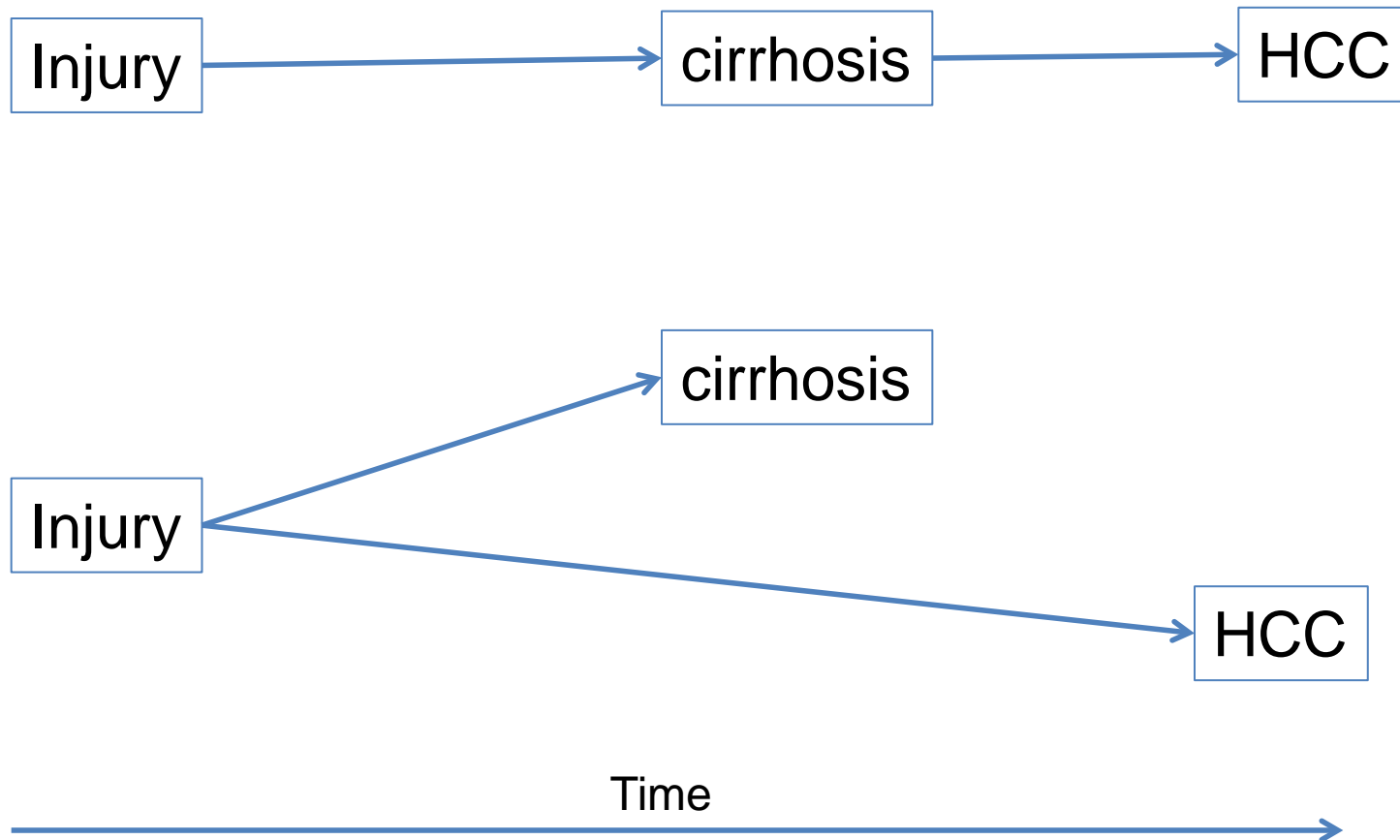


PREVENTION OF HCC BY HEPATITIS C TREATMENT

Morris Sherman

University of Toronto

Pathogenesis of HCC in chronic hepatitis C



The Ideal Study

- Prospective randomized controlled of outcome in treated vs non-treated subjects
 - Followed for long enough after treatment to allow for accumulation of events
 - Stratified by SVR vs no SVR
 - Stratified by cirrhosis (?F3 and F4) vs non-cirrhotics

Next best thing

- Retrospective case-control study comparing outcomes in treated vs untreated subjects matched for HCC risk using available risk scores (propensity matching)
 - Stratified by cirrhosis vs non-cirrhosis
 - Stratified by SVR vs non-SVR
 - ? Stratify by type of non-response

What's available

- Some retrospective case controls of SVR vs untreated
- Mostly retrospective cohort studies comparing outcomes in all treated patients (SVR vs no SVR)
 - Patients with SVR are different than those with no SVR, even after matching
 - Possibly have more severe liver disease
 - Responsible for poor response to Rx
 - Responsible for increased risk of bad outcome (including HCC)

COMPARISON VS NON- SVR

Effect of SVR on HCC incidence/risk

- N = 307

HCC incidence				
	Events	Person yrs	Rate/100 PY's (95% CI)	P value
All subjects	46	1164.7	3.94 (2.89-4.99)	
SVR	6	481.1	1.24 (0.28-2.20)	< 0.001
No SVR	40	683.5	5.85 (4.23-7.47)	

Effect of SVR on HCC incidence/risk

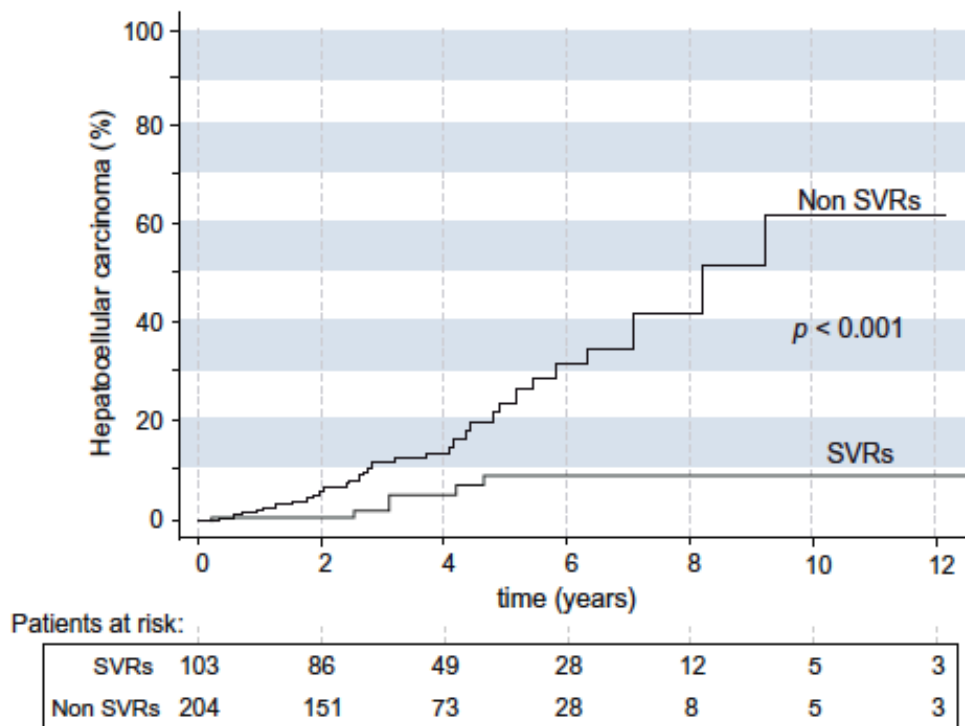


Fig. 1. Cumulative incidence of hepatocellular carcinoma stratified according to response to treatment ($p < 0.001$, by log-rank test). SVR, sustained virological response.

Effect of SVR on HCC incidence/risk

- Predictors of HCC

Hepatocellular carcinoma			
Variable	Strata	Adjusted HR (95% CI)	P value
Age	< 60 vs > 60 yrs	3.18 (1.58-6.37)	0.001
Bilirubin	< 17 vs >16 umol/L	2.41 (1.13-5.13)	0.023
Albumin	<40 vs >39 g/L	3.02 (1.48-6.15)	0.002
Platelet count	<150 vs >149 x10 ⁹ /L	2.87 (1.07-7.73)	0.036
SVR	No vs Yes	3.06 (1.12-8.39)	0.029

Effect of SVR on HCC incidence/risk

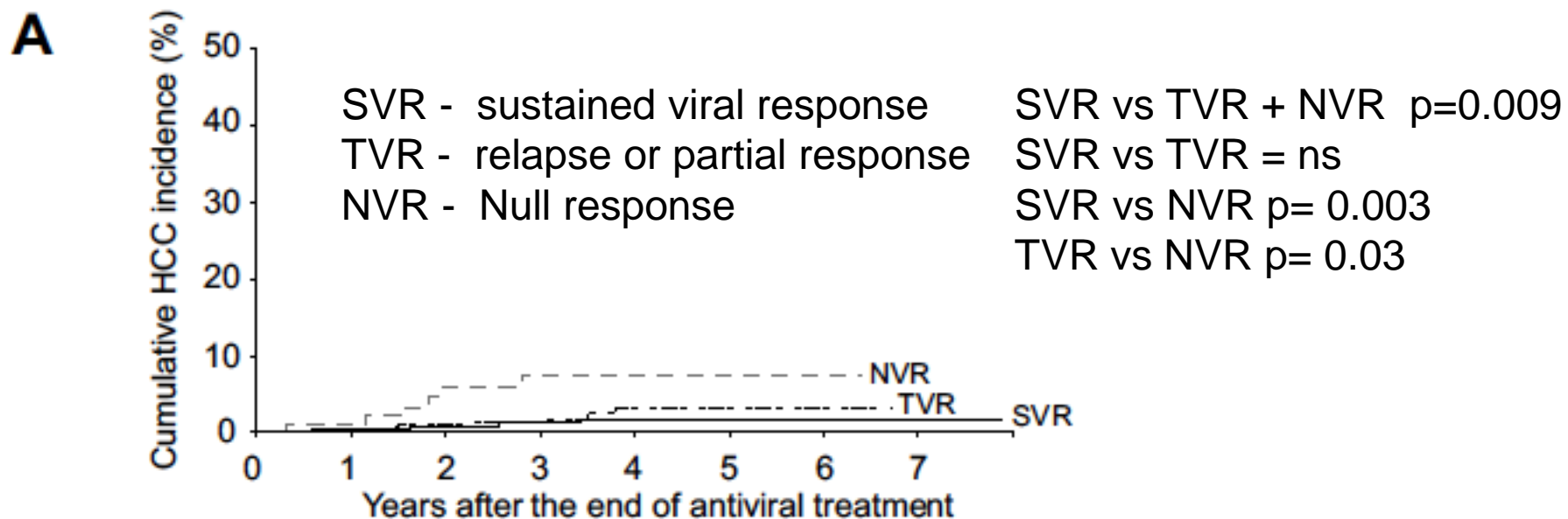
- N = 1013

Table 2. Risk factors for the development of HCC by chronic hepatitis C patients treated with PegIFN α 2b and RBV.

Characteristic	All patients n = 1013	HCC n = 47	non-HCC n = 966	p value*
Age (yr)	58 (50-65)	67 (58-71)	58 (49-65)	<0.001
Male, n (%)	498 (49.2)	32 (68.1)	466 (48.2)	0.007
Body mass index (kg/m ²)	23.0 (21.1-25.2)	23.6 (21.6-25.7)	23.0 (21.1-25.2)	0.15
ALT (IU/L)	54 (35-89)	74 (46-100)	54 (34-89)	0.008
Albumin (g/L)	41 (39-44)	40 (37-42)	44 (41-46)	0.002
Platelet count (x10 ⁹ /L)	159 (120-199)	110 (88-132)	161 (123-201)	<0.001
Hemoglobin (g/L)	136 (127-147)	136 (128-149)	136 (127-147)	0.89
Ferritin (ng/ml)	165 (84-376)	187 (80-462)	167 (80-306)	0.68
α -fetoprotein (ng/ml)	4.9 (3.0-9.3)	11.7 (6.8-32.7)	4.8 (3.0-8.7)	<0.001
Hemoglobin A1c (%)	5.5 (5.3-5.9)	5.8 (5.4-6.3)	5.5 (5.3-5.9)	0.96
HCV genotype (1/2), n (%)	710/303 (70.1/29.9)	38/9 (80.9/19.1)	672/294 (69.6/30.4)	0.09
Non-cirrhosis/cirrhosis, n	863/150 (85.2/14.8)	19/28 (40.4/59.6)	844/122 (87.4/12.6)	<0.001
Treatment duration (wk)	47 (24-48)	43 (23-48)	47 (24-48)	0.58
Virological response (SVR/TVR/NVR), n (%)	557/304/152 (55.0/30.0/15.0)	13/13/21 (27.7/27.7/44.7)	544/291/131 (56.3/30.1/13.6)	<0.001

Effect of SVR on HCC incidence/risk

- Non-cirrhotics



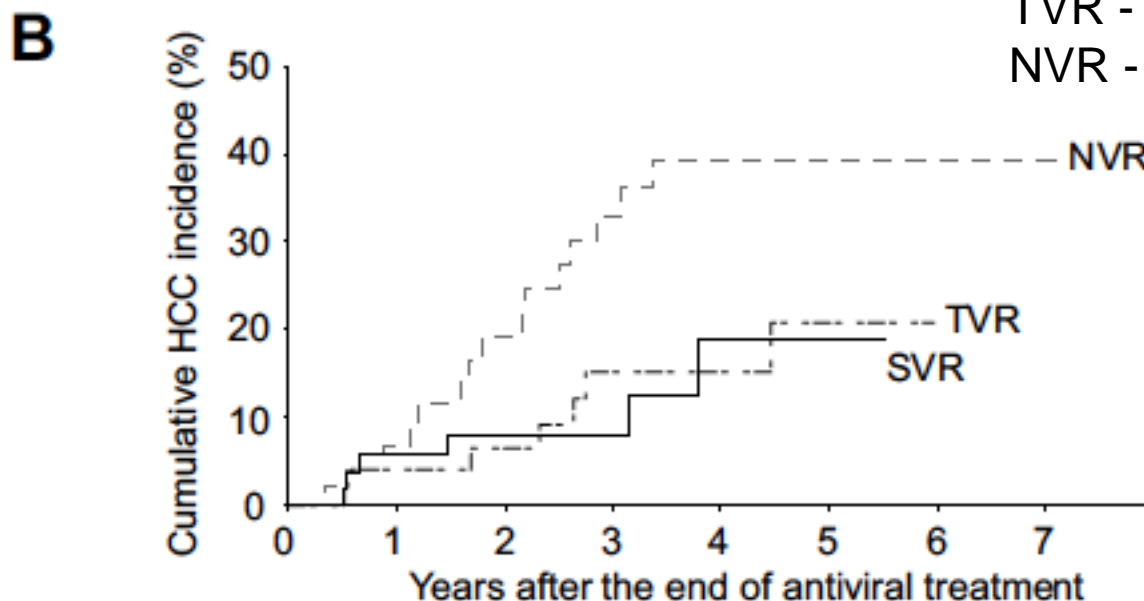
Patients at risk

SVR	504	470	389	273	199	110	26
TVR	255	243	222	185	133	76	18
NVR	104	91	70	49	32	20	6

Effect of SVR on HCC incidence/risk

- Cirrhotics

SVR - sustained viral response
 TVR - relapse or partial response
 NVR - Null response



SVR vs TVR + NVR $p=0.03$
 SVR vs TVR = ns
 SVR vs NVR $p= 0.03$
 TVR vs NVR $p= 0.04$

Patients at risk

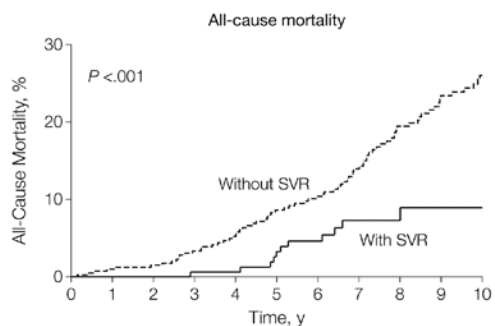
SVR	53	46	34	22	10	3	0
TVR	49	44	38	27	18	9	0
NVR	48	40	30	22	14	9	1

Effect of SVR on HCC incidence/risk

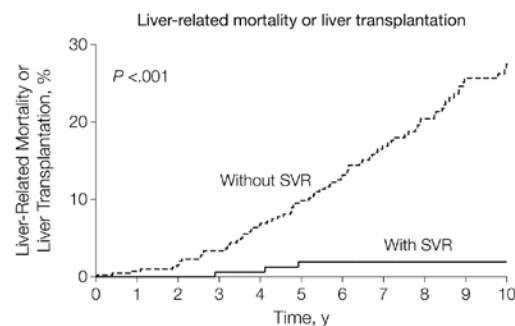
Parameter		Hazard ratio (95% CI)	P Value
Age	< 60 years vs older	2.81 (1.39-5.69)	0.004
Gender	Male vs female	2.98 (1.46-6.05)	0.003
Platelet count	> 150x10 ⁹ /L vs less	4.40 (1.57-10.44)	0.004
AFP	<10 ng/ml vs higher	2.50 (1.09-5.78)	0.03
Cirrhosis vs non- cirrhotic		3.22 (1.28-8.13)	0.01
Treatment outcome	TVR vs SVR	1.50 (0.65-3.44)	0.34
	NVR vs SVR	3.72 (1.69-8.18)	0.001

Ogawa et al J Hep 2013

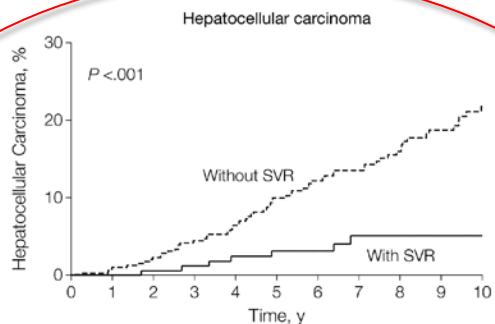
Effect of SVR on HCC incidence/risk



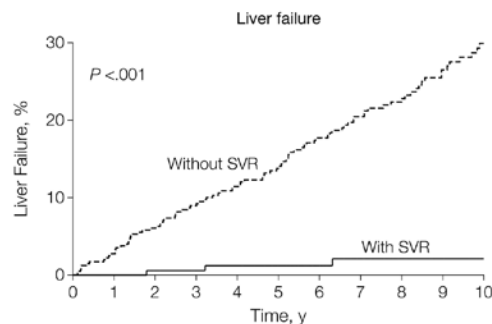
No. at risk	0	1	2	3	4	5	6	7	8	9	10
Without SVR	405	393	382	363	344	317	295	250	207	164	135
With SVR	192	181	168	162	155	144	125	88	56	40	28



No. at risk	0	1	2	3	4	5	6	7	8	9	10
Without SVR	405	392	380	358	334	305	277	229	187	146	119
With SVR	192	181	168	162	155	144	125	88	56	40	28



No. at risk	0	1	2	3	4	5	6	7	8	9	10
Without SVR	405	390	375	349	326	294	269	229	191	151	122
With SVR	192	181	167	161	152	142	124	86	54	39	27



No. at risk	0	1	2	3	4	5	6	7	8	9	10
Without SVR	405	384	361	337	314	288	259	216	184	143	113
With SVR	192	180	166	160	152	141	123	88	56	40	28

Comparison treated vs untreated

- Older studies had small sample sizes and were not statistically well done

Effect of SVR on HCC incidence/risk

- Patients with HBV HCV co-infection treated for hepatitis C.
- Database analysis
 - No information on SVR
 - No treatment for hepatitis B
 - Propensity matching on likelihood of being treated
 - Sensitivity analysis
- 10,234 treated vs 120,863 untreated
- Also compared HCC risk in HBV/HCV infected vs HCV mono-infected

Effect of SVR on HCC incidence/risk

	All cause mortality		Liver-related mortality		Incidence of HCC	
Variable	HR (95% CI)	p value	HR (95% CI)	p value	HR (95% CI)	p value
Anti-HCV therapy	0.42 (0.34-0.52)	<0.001	0.47 (0.37-0.60)	<0.001	0.76 (0.59-0.97)	0.030
Male sex	1.66 (1.55-1.78)	<0.001	1.68 (1.54-1.84)	<0.001	1.80 (1.65-1.97)	<0.001
Age	1.04 (1.04-1.05)	<0.001	1.05 (1.04-1.05)	<0.001	1.05 (1.05-1.06)	<0.001

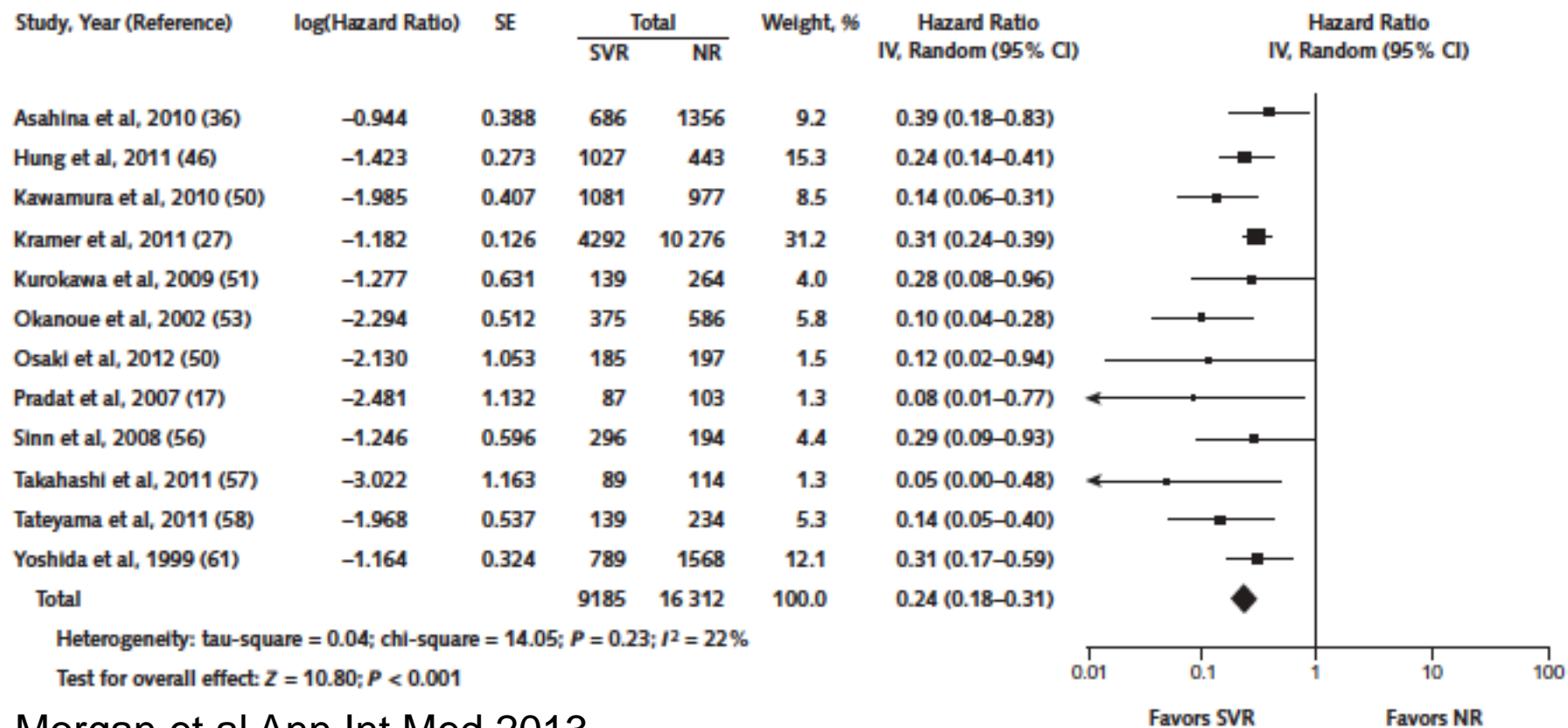
Meta-analysis

- Observational studies
 - SVR vs no SVR
 - Treated vs untreated
- RCT's

Effect of SVR on HCC incidence/risk

- Meta-analysis of observational studies

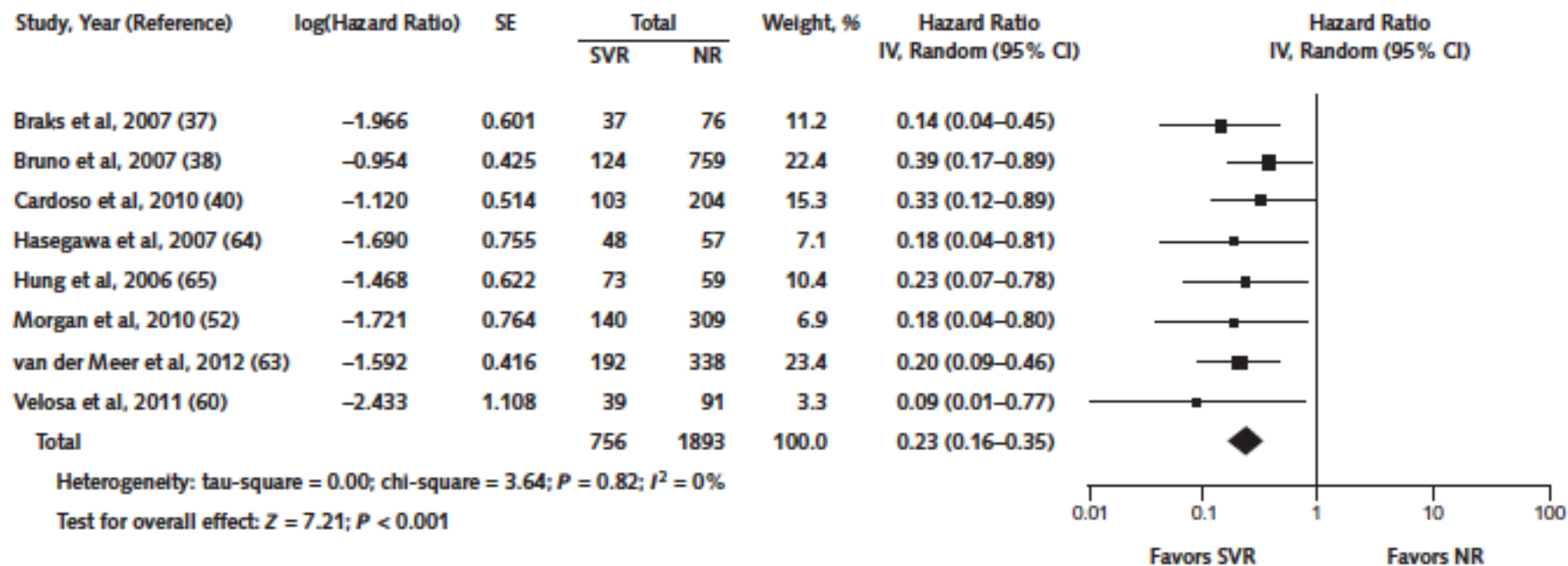
Figure 1. Forest plot of adjusted hazard effects in persons at all stages of fibrosis.



Effect of SVR on HCC incidence/risk

- Meta-analysis of observational studies

Figure 2. Forest plot of adjusted hazard effects in persons with advanced liver disease.



Effect of SVR on HCC incidence/risk

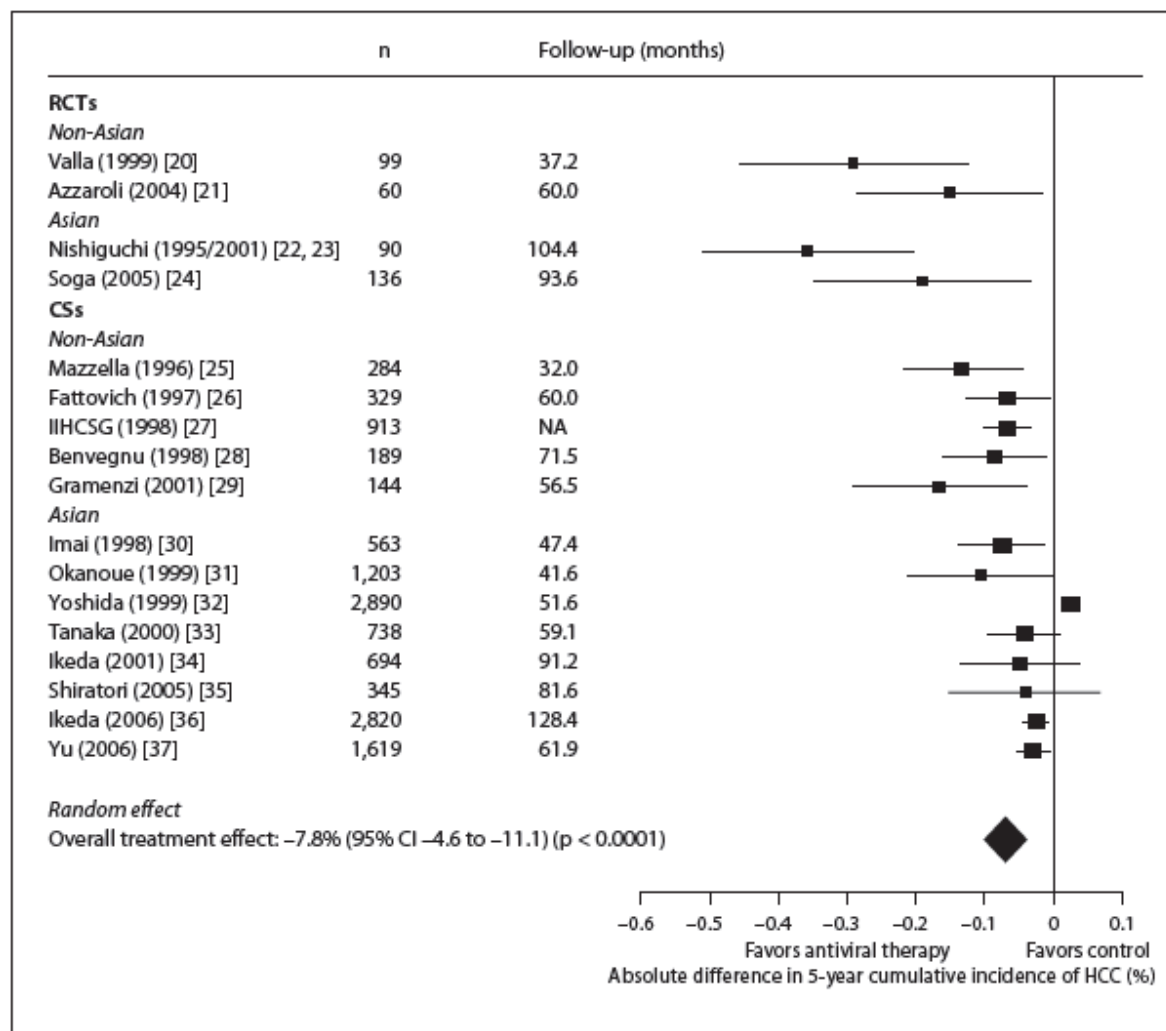


Fig. 2. Forest plot of the 17 studies of CHC included in the meta-analysis.

Effect of SVR on HCC incidence/risk

- Meta-analysis of RCT's
- Cirrhotic patients

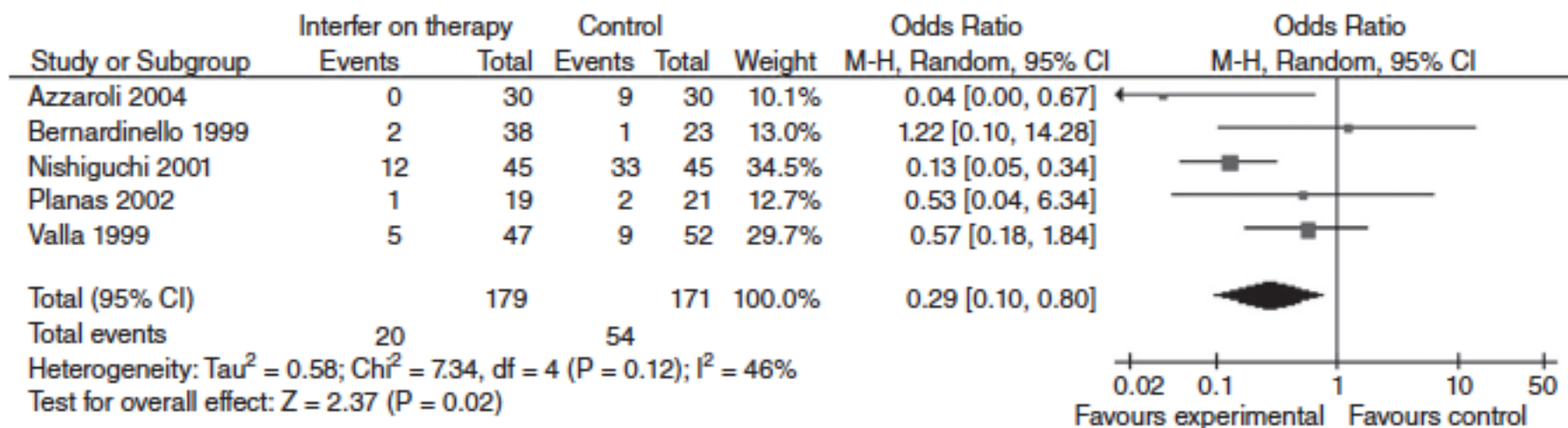


Figure 2 Forrest plot for hepatocellular carcinoma development in hepatitis C virus-related cirrhotic patients: comparison of interferon-treated patients and untreated patients. The blocks and lines in figures indicate the estimate of odds ratio and 95% confidence interval (CI), and the sizes of blocks relate to the size of the individual study. The diamond indicates the overall estimate from the meta-analysis. M-H, Mantel-Haenszel method.

Effect of SVR on HCC incidence/risk

- Meta-analysis of RCT's
- Cirrhotic patients

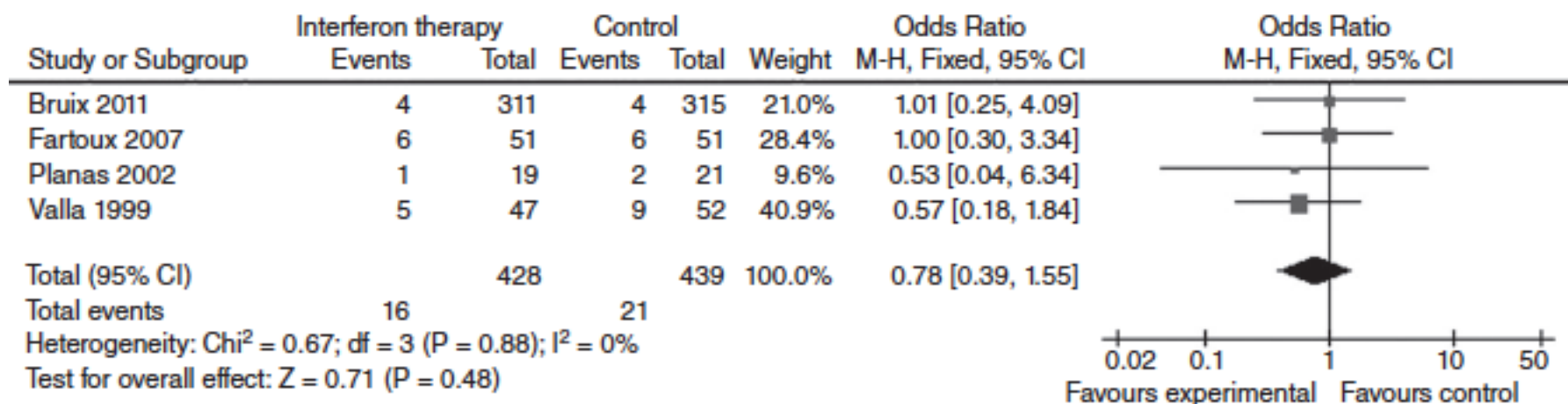


Figure 4 Forrest plot for hepatocellular carcinoma development in hepatitis C virus-related cirrhotic patients with short-term follow up (≤ 48 months): comparison of interferon treated patients and untreated patients. The blocks and lines in figures indicate the estimate of odds ratio and 95% confidence interval (CI), and the sizes of blocks relate to the size of the individual study. The diamond indicates the overall estimate from the meta-analysis. M-H, Mantel-Haenszel method.

Effect of SVR on HCC incidence/risk

- Meta-analysis of RCT's
- Non-cirrhotic patients

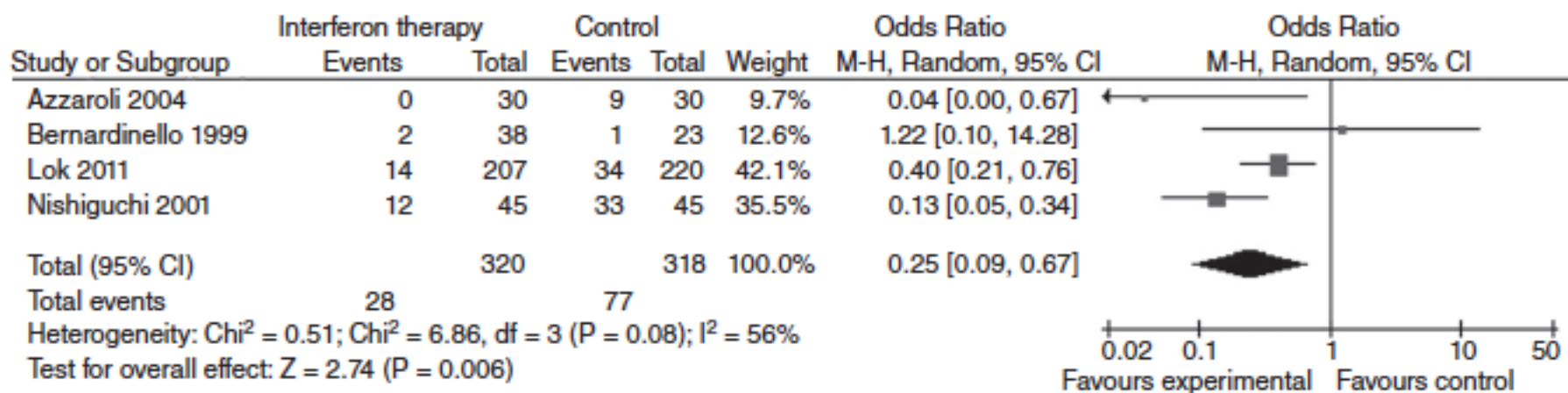


Figure 5 Forrest plot for hepatocellular carcinoma development in hepatitis C virus-related cirrhotic patients with long-term follow up (>48 months): comparison of interferon-treated patients and untreated patients. The blocks and lines in figures indicate the estimate of odds ratio and 95% confidence interval (CI), and the sizes of blocks relate to the size of the individual study. The diamond indicates the overall estimate from the meta-analysis. M-H, Mantel-Haenszel method.

Effect of SVR on HCC incidence/risk

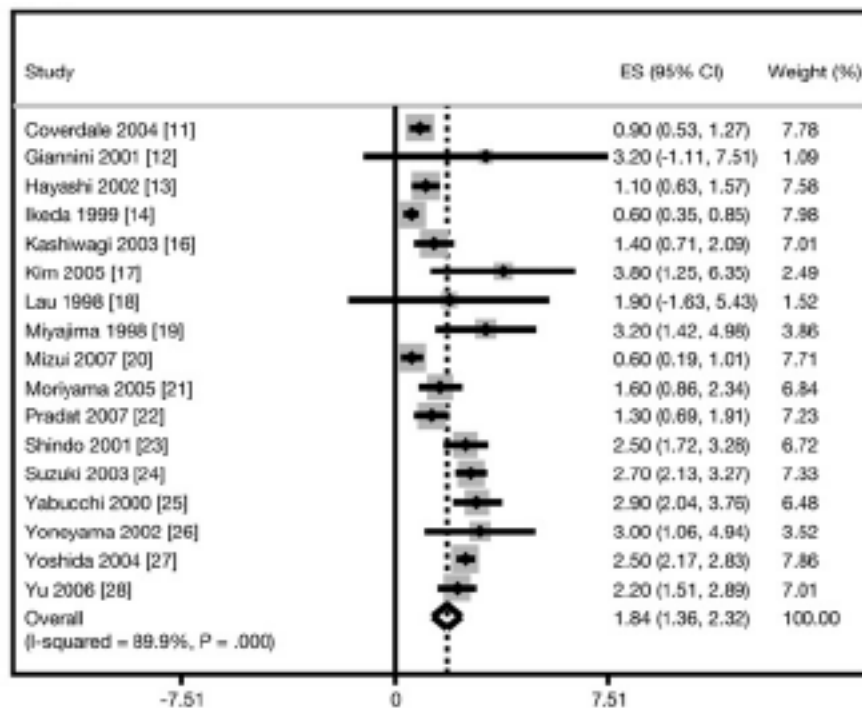
- Met-analysis
 - Comparing HCC incidence in SVR vs no SVR
 - Stratified by stage of fibrosis
 - 20 studies of all fibrosis stages
 - 6 studies of advanced fibrosis

Table 1. Descriptive Characteristics of Each Study

Study ID	First author ^(reference) , location	Design	Nu
Studies that included all stages of fibrosis			
1	Arase, ¹¹ Japan	Retrospective, single-center	
2	Coverdale, ¹² Australia	Retrospective, single-center	
3	Giannini, ¹³ Italy	Retrospective, single-center	
4	Hayashi, ¹⁴ Japan	Retrospective, single-center	
5	Ikeda, ¹⁵ Japan	Retrospective, multi-center	
6	Kasahara, ¹⁶ Japan	Retrospective, multi-center	
7	Kashiwagi, ¹⁷ Japan	Retrospective, single-center	
8	Kim, ¹⁸ Japan	Retrospective, single-center	
9	Lau, ¹⁹ United States	Prospective, single-center	
10	Miyajima, ²⁰ Japan	Retrospective, single-center	
11	Mizui, ²¹ Japan	Retrospective, single-center	
12	Moriyama, ²² Japan	Retrospective, single-center	
13	Pradat, ²³ Europe	Prospective, multi-center	
14	Shindo, ²⁴ Japan	Retrospective, single-center	
15	Suzuki, ²⁵ Japan	Retrospective, single-center	
16	Yabuuchi, ²⁶ Japan	Retrospective, single-center	
17	Yoneyama, ²⁷ Japan	Retrospective, single-center	
18	Yoshida, ²⁸ Japan	Retrospective, multi-center	836,
19	Yoshida, ⁵ Japan	Retrospective, multi-center	
20	Yu, ²⁹ Taiwan	Retrospective, multi-center	
Studies that included only advanced fibrosis (F3-F4 or Ishak 4-6)			
21	Braks, ³⁰ France	Retrospective, multi-center	
22	Bruno, ³¹ Italy	Retrospective, multi-center	
23	Mallet, ³² France	Prospective, single-center	
24	Nishiguchi, ³³ Japan	Prospective, single-center	
25	Tanaka, ³⁴ Japan	Retrospective, single-center	
26	Veldt, ³⁵ Canada and Europe	Retrospective, multi-center	

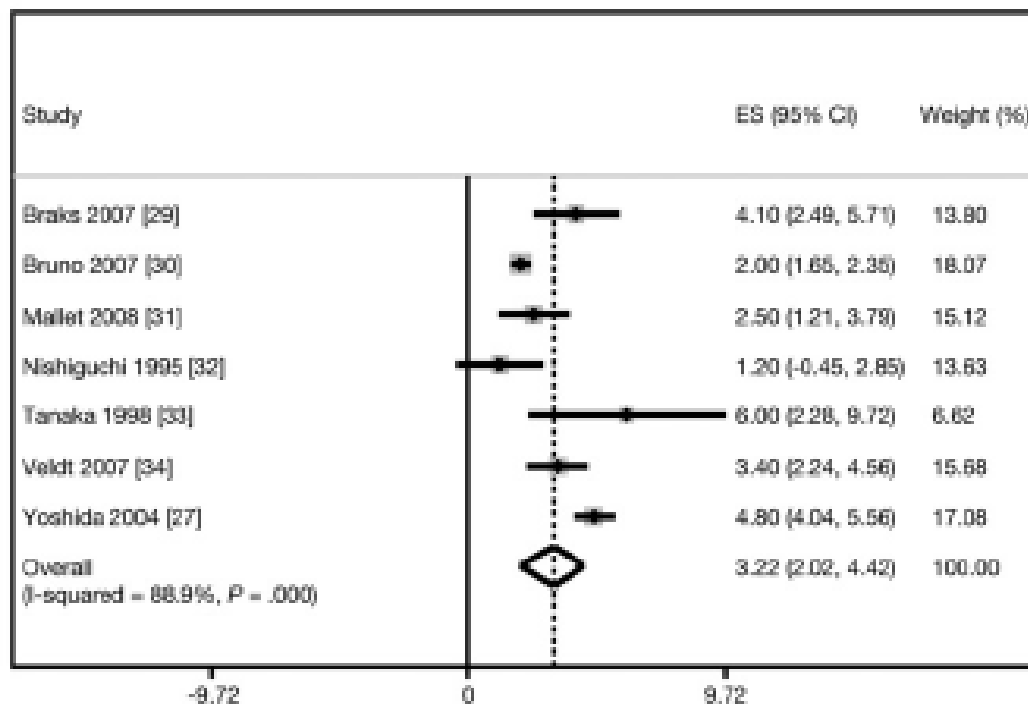
Effect of SVR on HCC incidence/risk

- HCC rate/year in non-responders
 - All stages of fibrosis



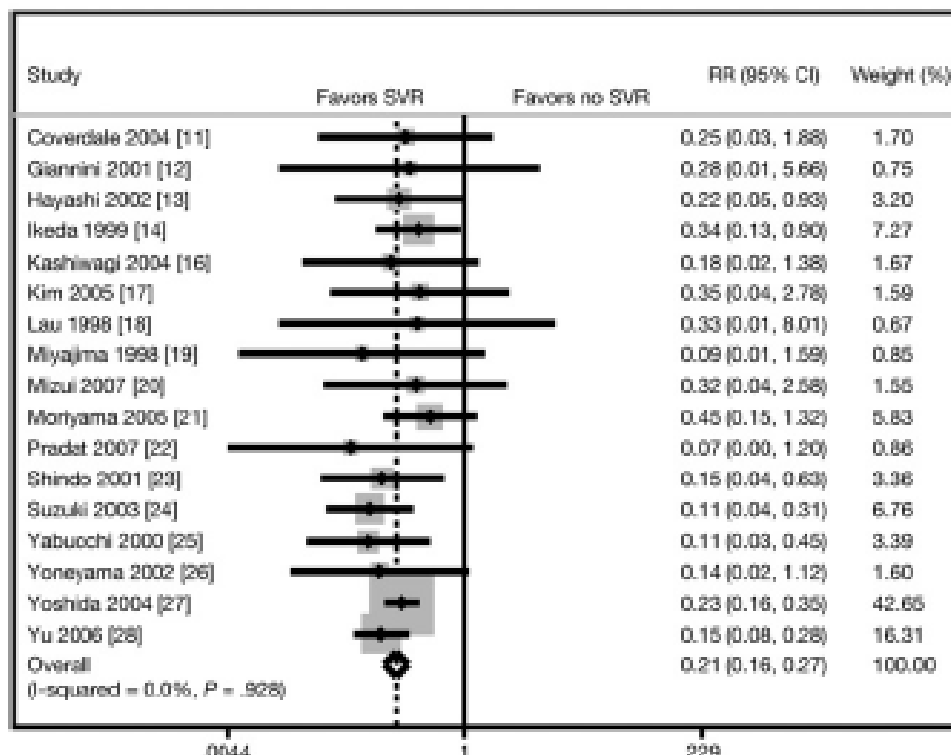
Effect of SVR on HCC incidence/risk

- HCC rate/yr in non-responders
 - Advanced fibrosis



Effect of SVR on HCC incidence/risk

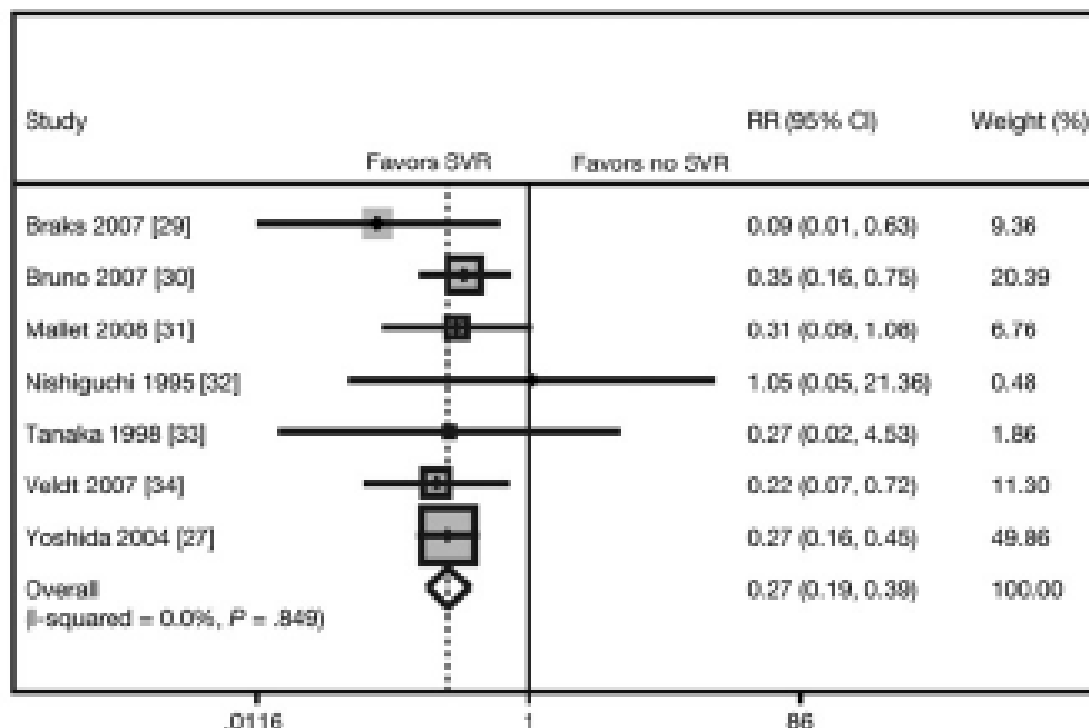
- Relative risk of HCC in non-responders vs SVR
 - All stages of fibrosis



Singal et al Clin Gastro Hep 2010 Pooled rate RR, 0.21; 95% CI, 0.16 – 0.27)

Effect of SVR on HCC incidence/risk

- Relative risk of HCC in non-responders vs SVR
 - Advanced fibrosis



Effect of SVR on HCC incidence/risk

- Meta-analysis
 - Treated vs untreated
 - Evaluated SVR vs non-SVR
 - Evaluated long term therapy

Effect of SVR on HCC incidence/risk

- Cirrhosis
 - Treated vs untreated (no accounting for SVR)

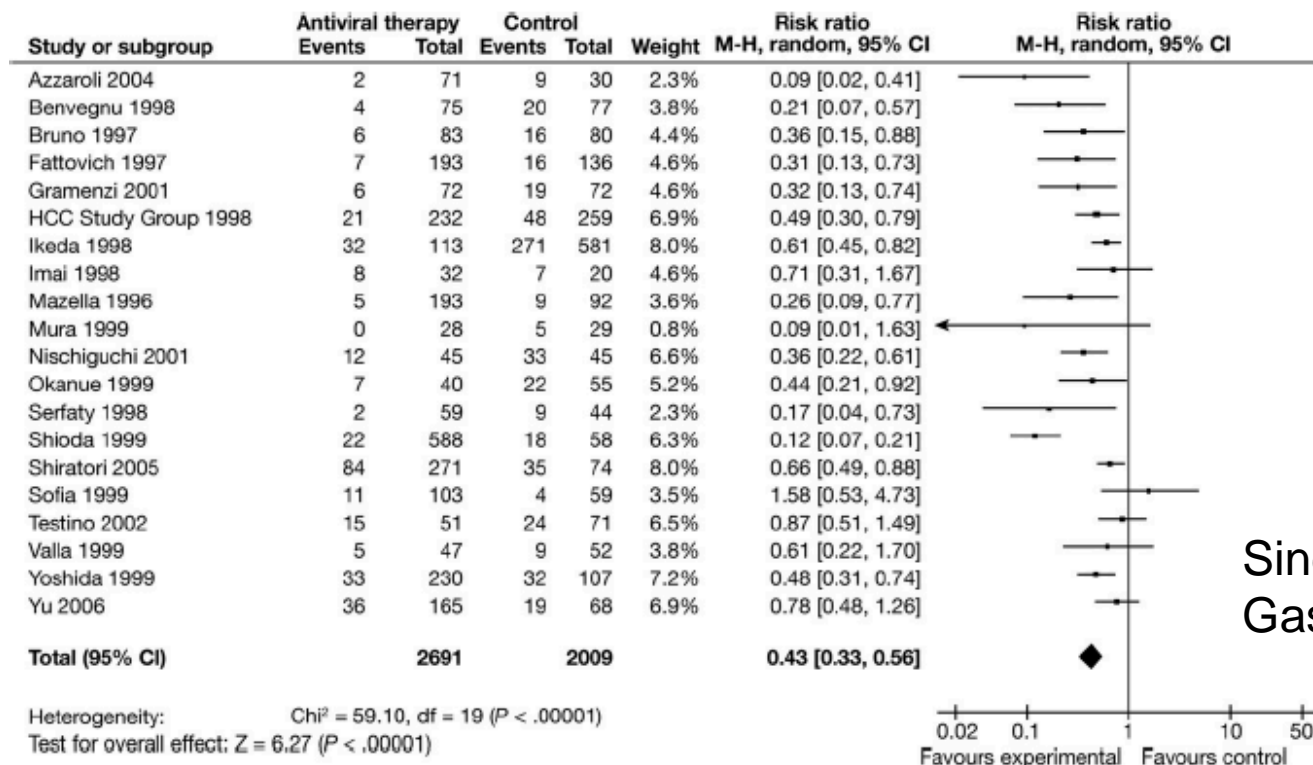
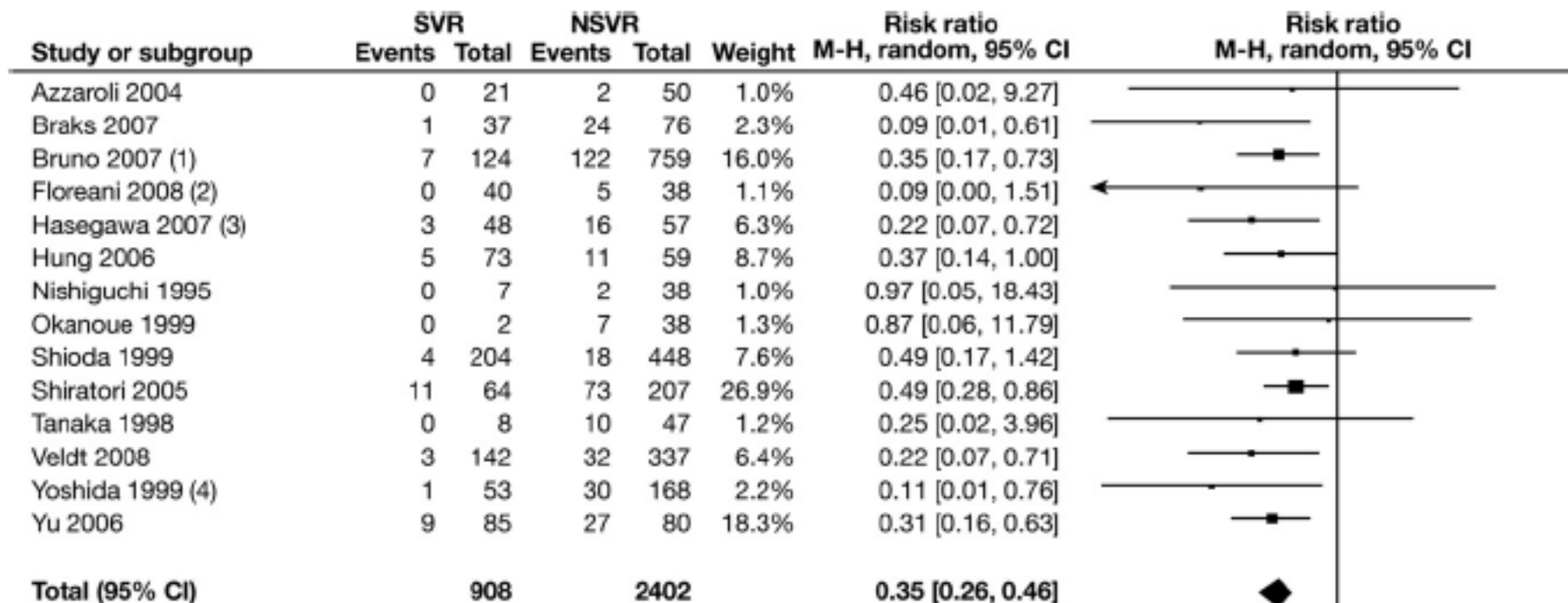


Figure 2. Forrest plot for HCC development in patients with HCV cirrhosis: comparison of treated patients with antiviral therapy (IFN or IFN and RBV) and untreated patients.

Effect of SVR on HCC incidence/risk

- Cirrhosis
 - SVR vs non-SVR



Heterogeneity: $\text{Chi}^2 = 8.67$, $\text{df} = 13$ ($P = .80$)
 Test for overall effect: $Z = 7.06$ ($P < .00001$)

Effect of SVR on HCC incidence/risk

- Maintenance therapy in initial treatment failures

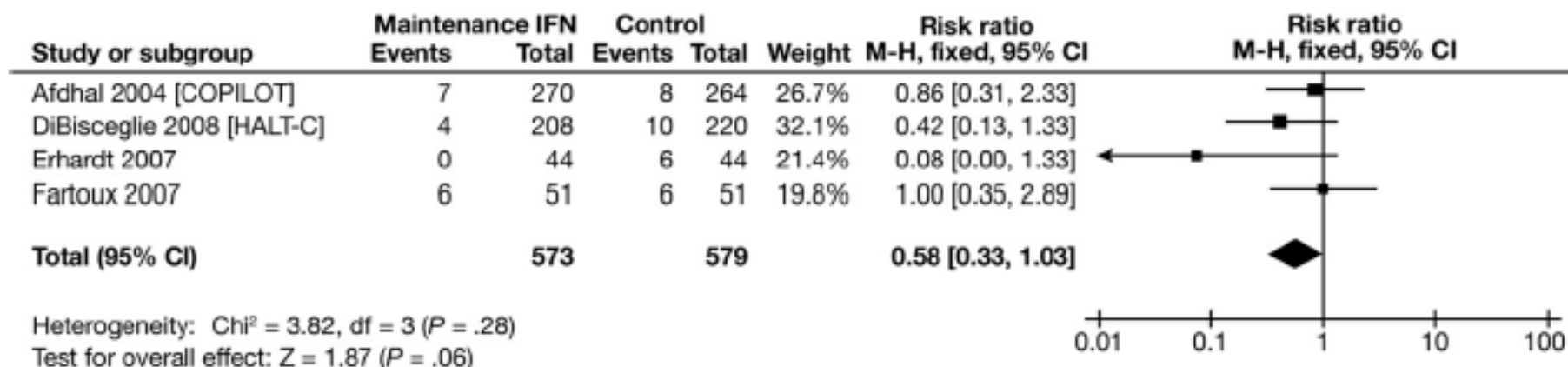


Figure 4. Forrest plot for HCC development in patients with HCV cirrhosis who did not respond to initial antiviral therapy (IFN or IFN and RBV): comparison of maintenance IFN and controls or no treatment.

Summary

- Studies of HCC incidence following SVR compared to no treatment
 - Beneficial effect of SVR
- Studies of HCC incidence comparing SVR to no SVR shows that HCC incidence is reduced
- Maintenance therapy in treatment failures does not reduce HCC incidence
- Confirmed by meta-analysis

Remaining questions

- Does reduced HCC incidence mean that HCC screening is not necessary in the initial post treatment phase?
 - No data
- Is HCC incidence further reduced with time?
- Will a point be reached where HCC screening is not required?