



# A COMPARTMENTALIZATION STORY



Maria Tsakiroglou MD

# Summary

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1. Case patient
2. Drug penetration in compartments
3. Discussion

# Hx 1995-1999

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- 67 year-old African ♂
- Diagnosed with HIV in 1995 in South Africa
  - Presumed mode of transmission: Heterosexual
- Came to the UK in 1999
  - Presented with cryptococcal meningitis
  - CD4= 46/mm<sup>3</sup> and VL>75,000 copies/ml
  - HBsAg (-), HCV (-), Syphilis (-)
- Started on ART with AZT/3TC/IDV

# 2000

Time point	ART composition	VL (copies/mL)	CD4 (per mm <sup>3</sup> )	Events
Jan 2000	AZT/3TC/IDV	<b>186</b>	<b>29</b>	↑ Transaminases
Mar 2000	AZT/3TC/ABC	<50	43	↑↑↑ transaminases
Aug 2000	AZT/3TC/ABC	<b>6,650</b>	54	Liver biopsy: “Inflammation & fibrosis Drug induced, probably due to AZT”

*AZT= Zidovudine, 3TC= Lamivudine, IDV= Indinavir, ABC= Abacavir*

# Resistance test

- PI major: None & PI minor: T74S
- NNRTI: None
- NRTI: **D67N**, K70R, **M184V**, **T215Y**, K219R

	Resistance*
Zidovudine (AZT)	High-level
Didanosine (DDI)	Intermediate
Stavudine (D4T)	High-level
Lamivudine (3TC)	High-level
Abacavir (ABC)	High-level
Emtricitabine (FTC)	High-level
Tenofovir (TDF)	Intermediate

**Subtype C**

\* Stanford Database

# ART switch

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Replaced zidovudine with efavirenz  
3TC/ABC/EFV suboptimal regimen

## Efavirenz

- Low genetic barrier to resistance
- K103N emerges in 2 weeks of EFV monotherapy



# Resistance Test- Added mutations

**NNRTIs: L100I, K103**

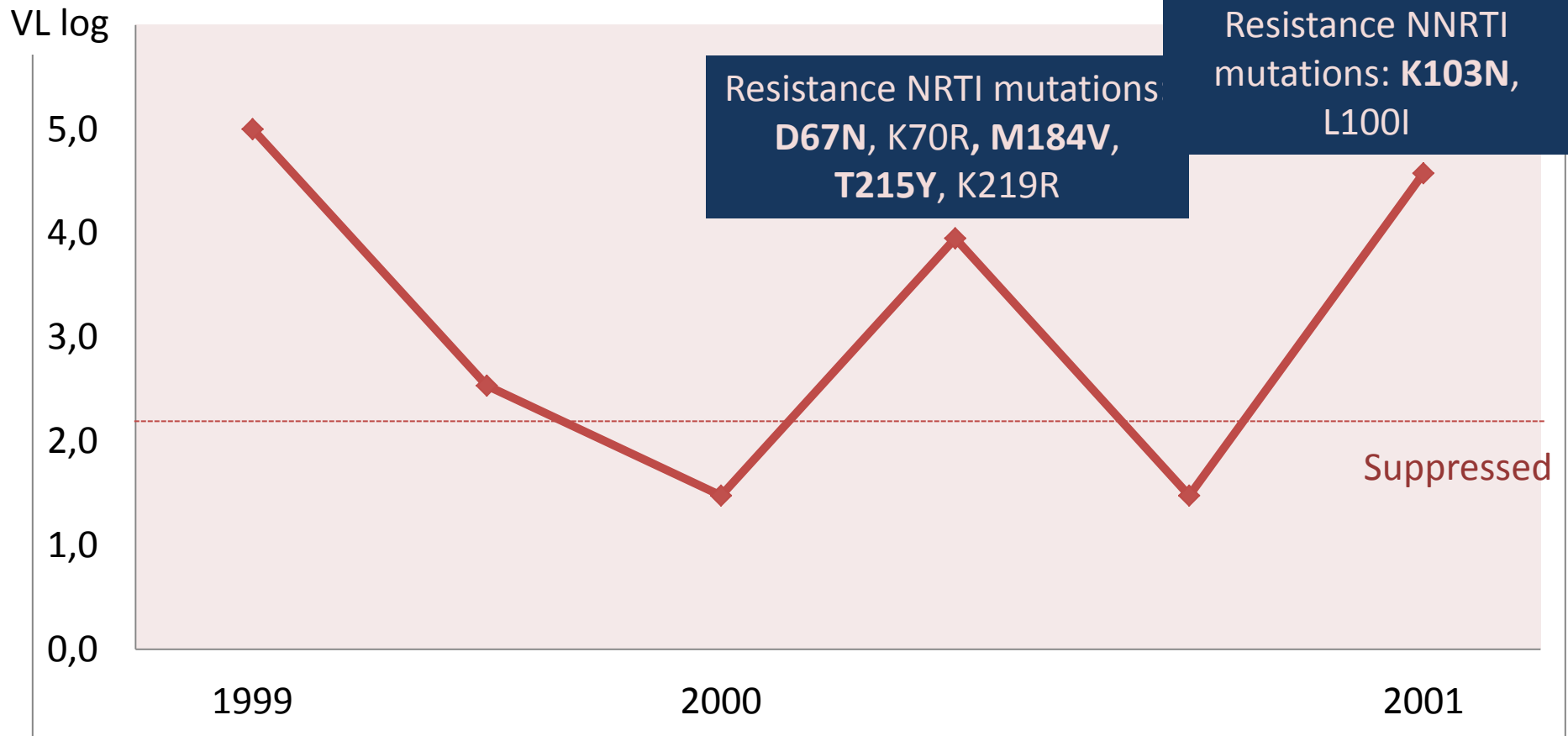
**NNRTI: L74V, D67N, K70R,  
M184V, T215Y, K219R**

	Resistance*
Efavirenz (EFV)	High- level
Nevirapine (NVP)	High- level
Etravirine (ETR)	Intermediate
Rilpivirine (RLP)	High- level

	Resistance*
Zidovudine (AZT)	High-level
Didanosine (DDI)	<b>High-level</b>
Stavudine (D4T)	High-level
Lamivudine (3TC)	High-level
Abacavir (ABC)	High-level
<b>Emtricitabine (FTC)</b>	High-level
<b>Tenofovir (TDF)</b>	Intermediate

No PI resistance

# Sum up



	Δ		↑ transaminases			Drug induced hepatitis		
ART	AZT/3TC/IDV		AZT/3TC/ABC			3TC/ABC/EFV		
CD4	46	38	29	43	56	51	96	117



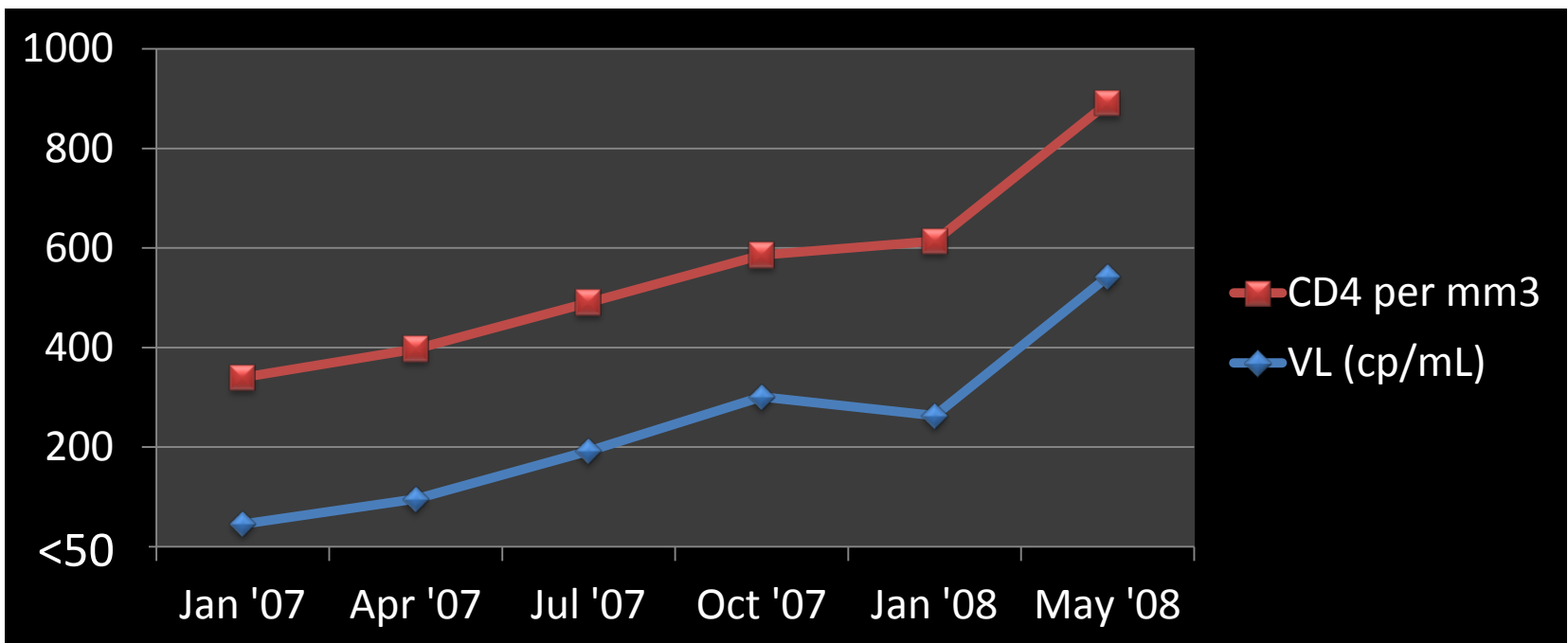
# 2001- 2007: “Undetectable”

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- **LPV/r/TDF/D4T/3TC**
  - 2001-2004 suppressed VL (<50 copies/mL)
- Treatment switch
  - **ATV/r/TDF/FPV**
  - Reason: lipodystrophy
  - 2004-2007 suppressed VL

# Low level viraemia starts in 2007

- Patient claims full adherence
- Therapeutic drug monitoring satisfactory
- New partner HIV (+)



# Resistance test (X2 in 2008)

ATV/r/TDF/FPV

- NO NRTI &
- NO NNRTI resistance mutations detected
- PI major: **V32I**
- PI minor: G73GS, T74S

	Resistance*
ATV, DRV, IDV, NFV, SQV, FPV	Low-level resistance
LPV, TPV	Potential low-level resistance

# 5<sup>th</sup> ART switch

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**DRV/r (600/100mg bid)+ RAL + TDF**

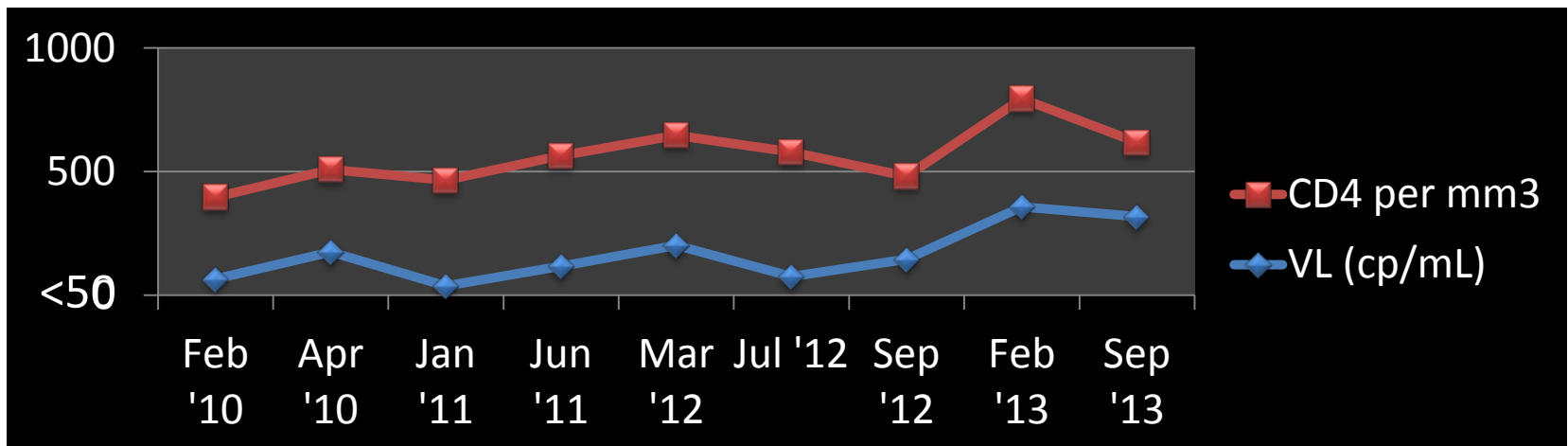


**VL<50 copies/mL**

**between Aug '08 & Oct '09**

# Problem list 2010-2013

1. Valciferal malaria Jul '09 → Responded to quinine
2. Patient complaints for memory deterioration
3. Renal impairment (CKD I→III)
  - Biopsy inconclusive
4. Low level viraemia



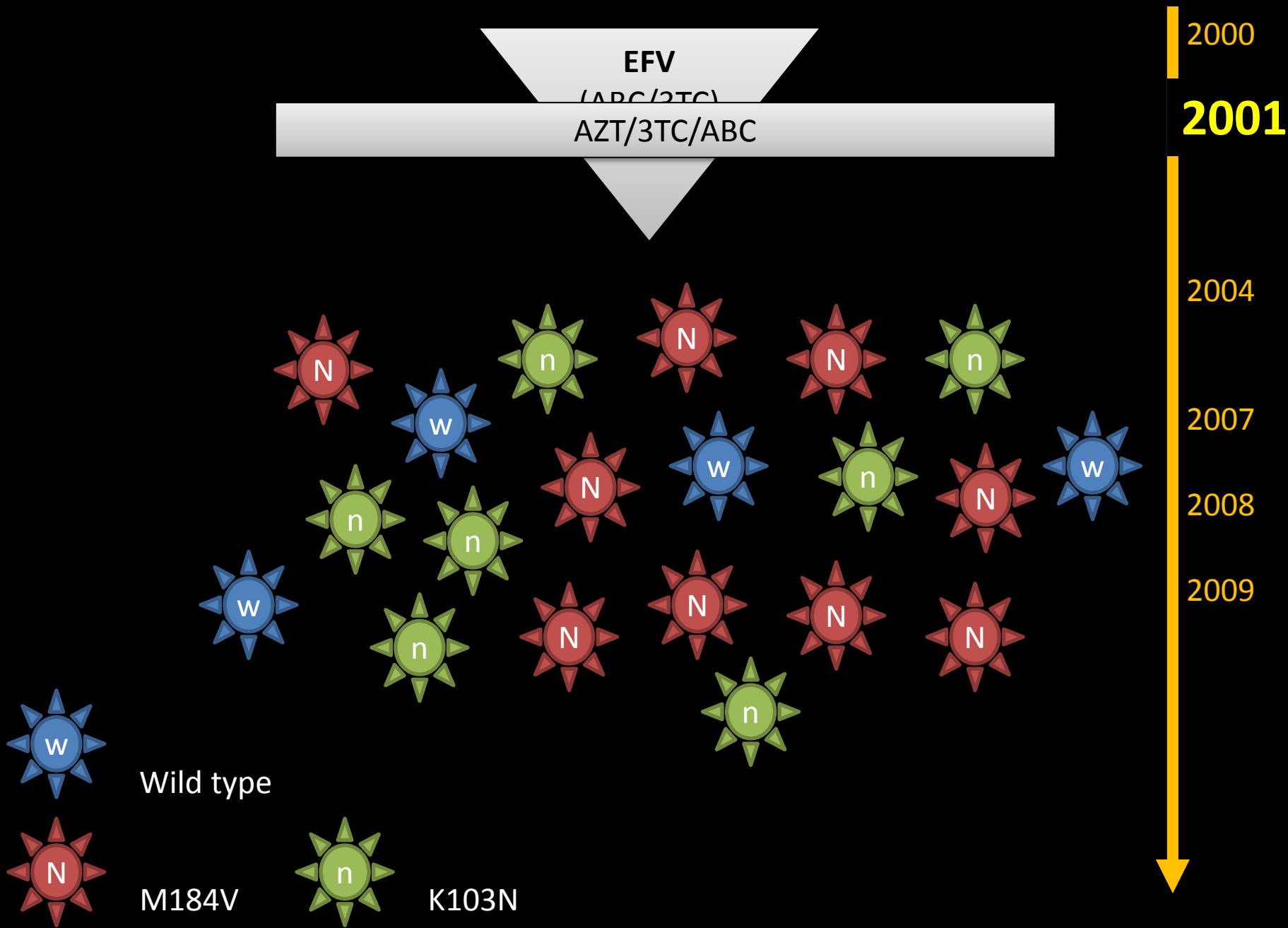
# Genotype tests

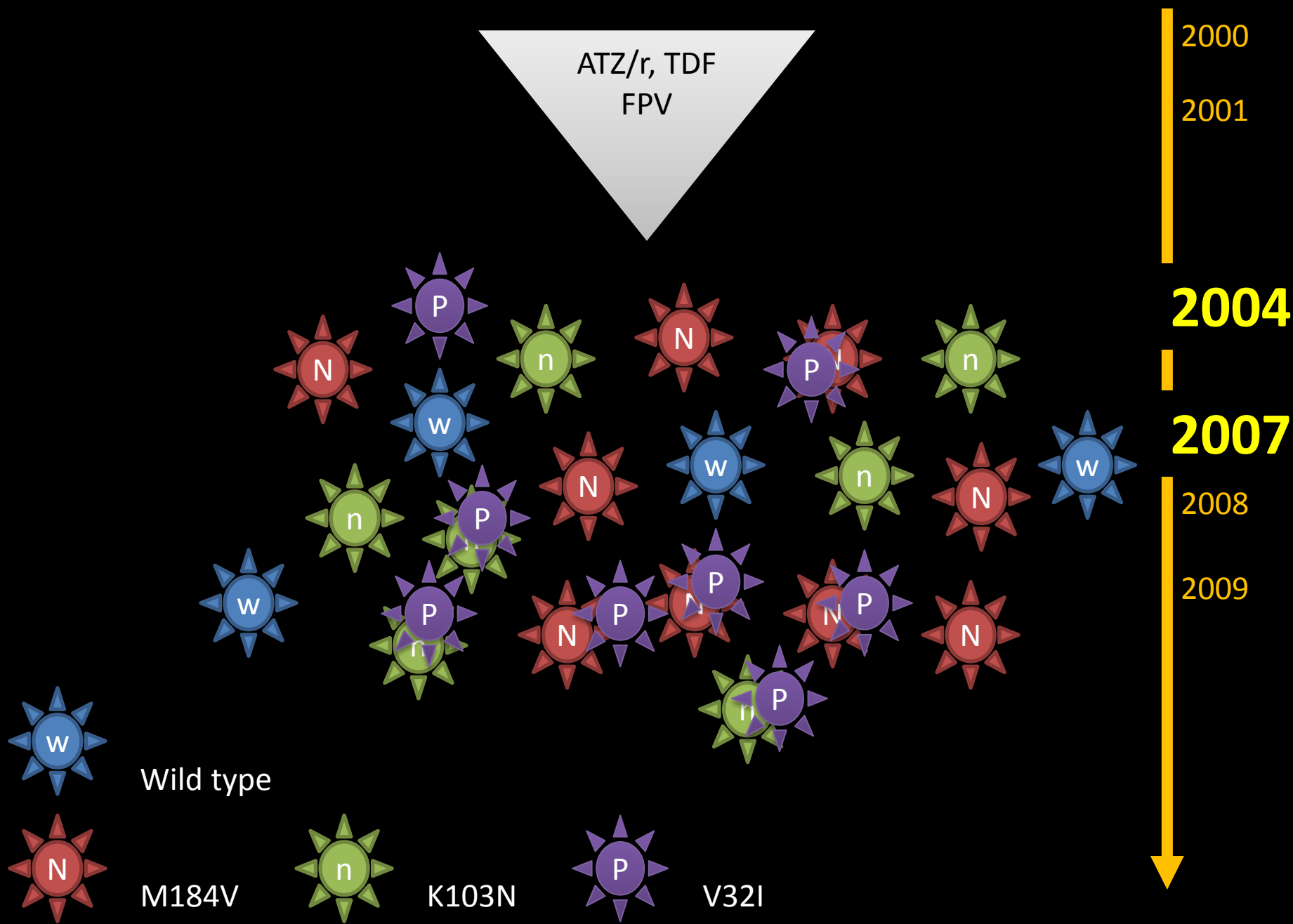
## **2010 Resistance mutations**

- None NNRTI
- None NRTI
- None PI major
- PI minor: T74S

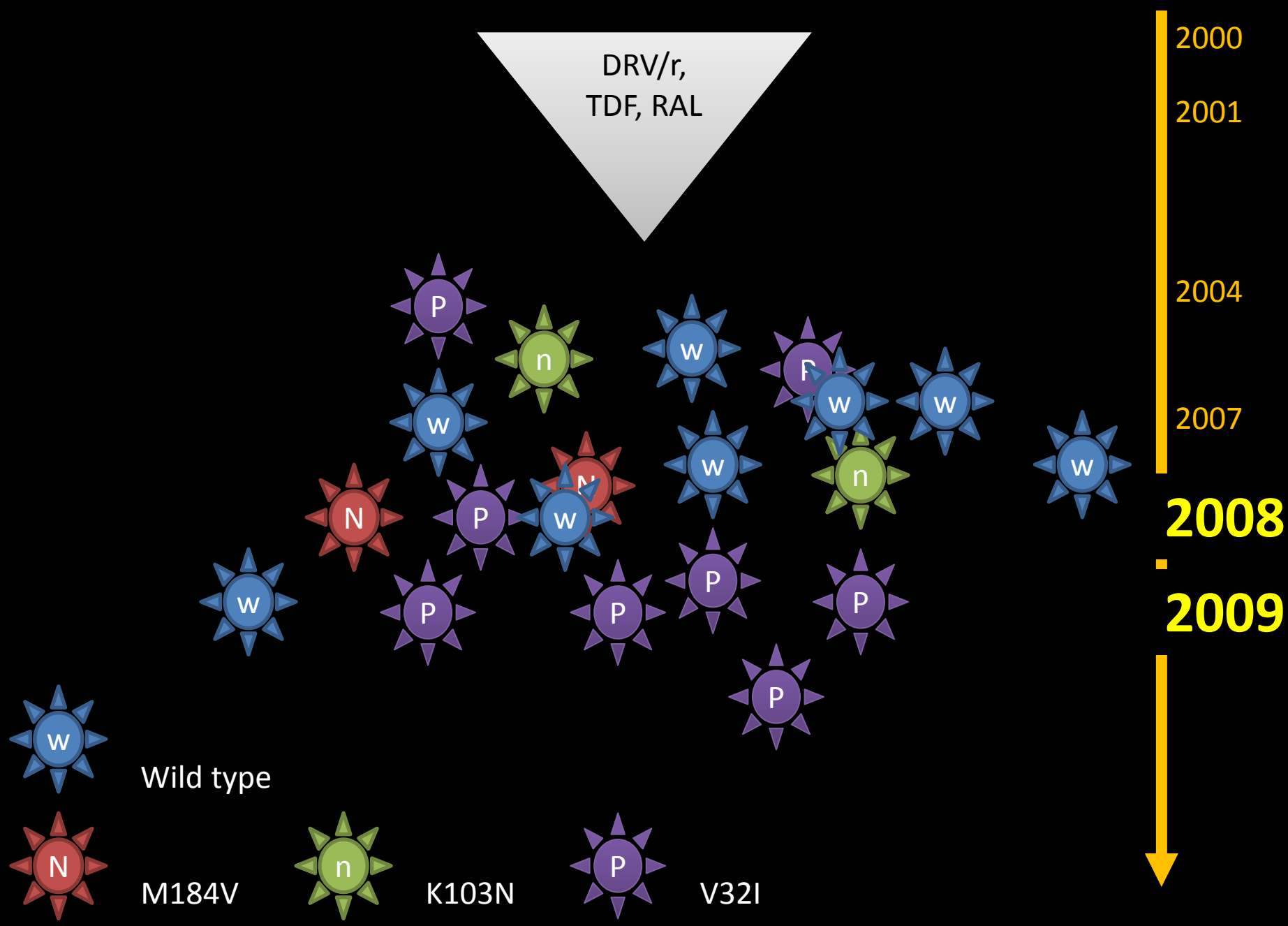
## **2013 resistance mutations**

- None NNRTI
- None NRTI
- None PI major
- None PI minor
- Unable to amplify integrase region.









DRV/r,  
TDF, RAL

2000  
2001  
2004  
2007

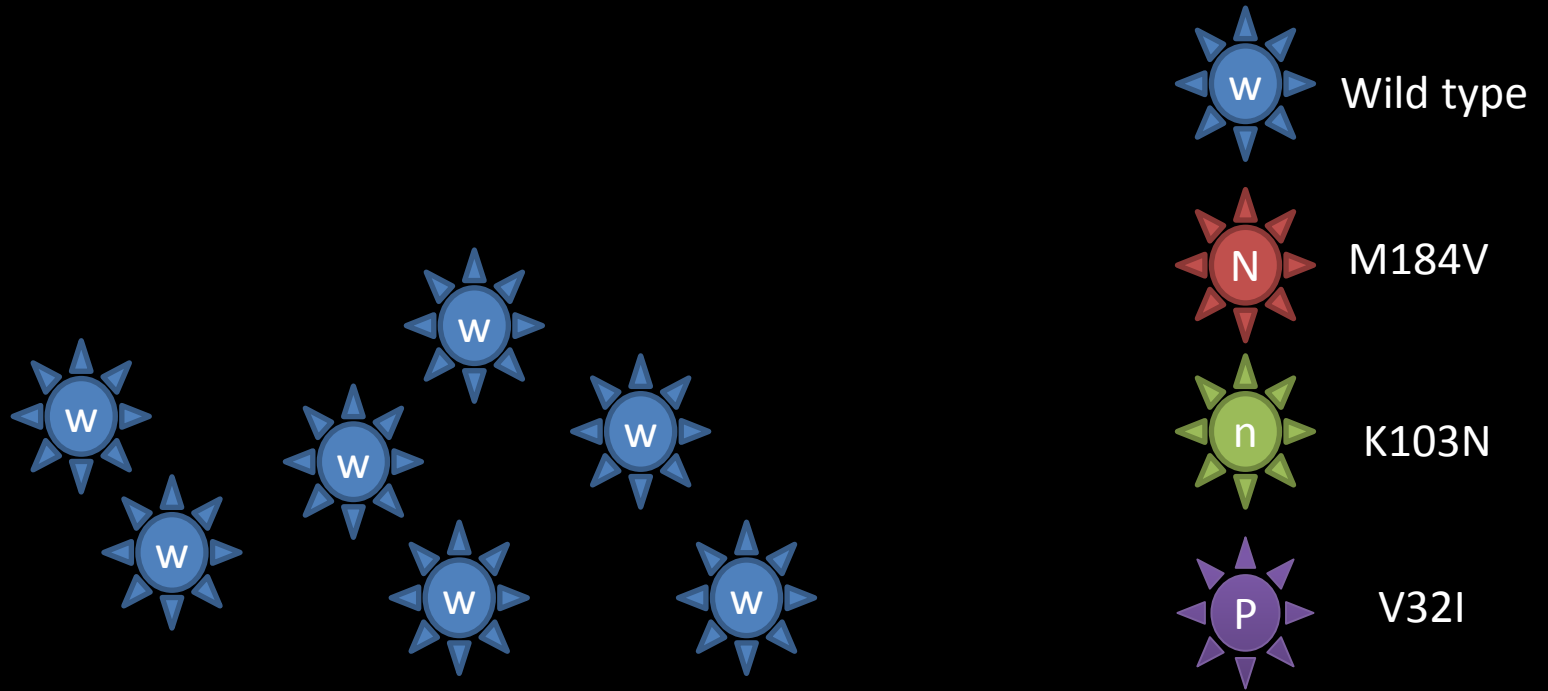
**2008**  
**2009**

w  
Wild type  
N  
M184V

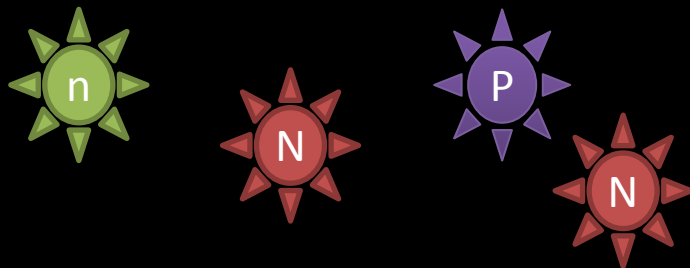
n  
K103N

P  
V32I

Deep sequencing would offer a better indication of the full extent of resistance, however the viral load is too low



20-30%



Limit of detection of Sanger sequencing

# In Summary

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According to the resistance test the low level viraemia consists of non-resistant strains that are susceptible to the current regimen.



# Neurocognitive dysfunction

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- Cryptococcal meningitis in 1999 left him with mild cognitive impairment
- Worsening NCD since 2008
  - Coinciding with the emergence of low level viraemia
- No clinical neurological findings
- Enrollment in PARTITION study, LP performed in 2011 and CSF analysis:
  - **VL = 2,028 copies/mL (Plasma VL=48 copies/mL)**
  - WBC = 4, RBC<1, Protein = 0.83↑, Glu = 3

# CSF Resistance Test 2011

**NNRTIs: L100I, K103N**

	Resistance*
Efavirenz (EFV)	High- level
Nevirapine (NVP)	High- level
Etravirine (ETR)	Low-level
Rilpivirine (RLP)	Low- level

**InIn: Y143C**

	Resistance*
Raltegravir (RAL)	High- level
Elvitegravir (EVG)	Low- level
Dolutegravir (DTG)	Susceptible

**NRTIs: D67N, K70R, L74V,  
M184V, T215Y, K219R**

	Resistance*
Zidovudine (AZT)	High-level
Didanosine (DDI)	High-level
Stavudine (D4T)	High-level
Lamivudine (3TC)	High-level
Abacavir (ABC)	High-level
Emtricitabine (FTC)	High-level
Tenofovir (TDF)	Low-level

**No PI resistance mutations**

\* Stanford Database

# Plasma Resistance Test 2001

**NNRTIs: L100I , K103N**

**NRTI: D67N, K70R, L74V**

**M184V, T215Y, K219R**

	Resistance*
Efavirenz (EFV)	High- level
Nevirapine (NVP)	High- level
Etravirine (ETR)	Intermediate
Rilpivirine (RLP)	High- level

	Resistance*
Zidovudine (AZT)	High-level
Didanosine (DDI)	<b>High-level</b>
Stavudine (D4T)	High-level
Lamivudine (3TC)	High-level
Abacavir (ABC)	High-level
<b>Emtricitabine (FTC)</b>	High-level
<b>Tenofovir (TDF)</b>	Intermediate

No PI resistance

The CNS virus in 2011 is the same with the plasma virus in 2001 with an additional mutation in the integrase gene. Since 2001 this multi-resistant virus has never been detected again in plasma in 3 subsequent tests.

# CSF Resistance Test 2013

CSF VL = 5,746cp/mL

**NNRTIs: L100I, K103N**

	Resistance*
Efavirenz (EFV)	High- level
Nevirapine (NVP)	High- level
Etravirine (ETR)	Intermediate
Rilpivirine (RLP)	High- level

**InIn: Y143C**

	Resistance*
Raltegravir (RAL)	High- level
Elvitegravir (EVG)	Low- level
Dolutegravir (DTG)	Susceptible

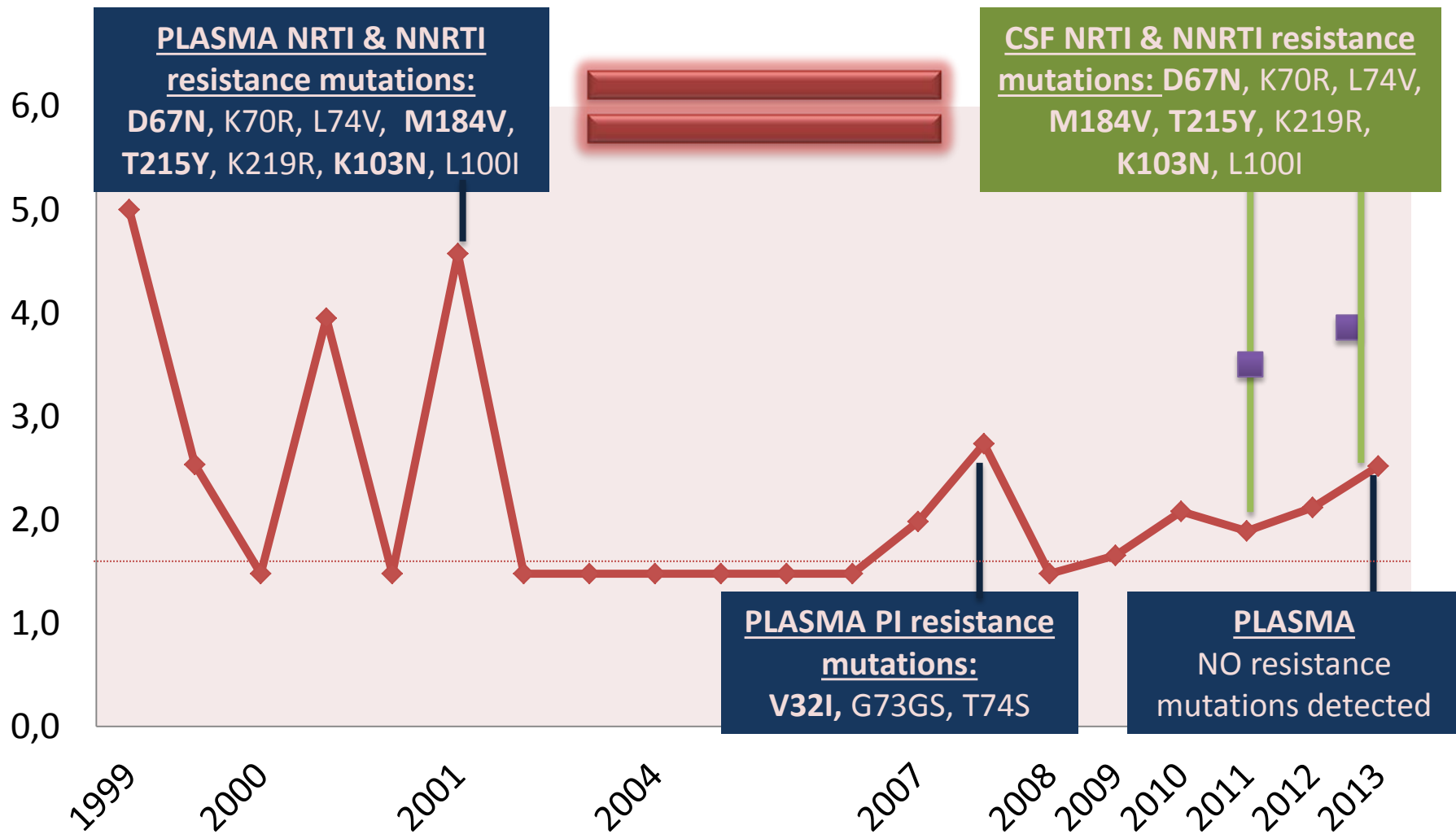
**NRTIs: D67N, K70R, L74V,  
M184V, T215Y, K219R**

	Resistance*
Zidovudine (AZT)	High-level
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Stavudine (D4T)	High-level
Lamivudine (3TC)	High-level
Abacavir (ABC)	High-level
Emtricitabine (FTC)	High-level
Tenofovir (TDF)	Low-level

**No PI resistance mutations**

\* Stanford Database





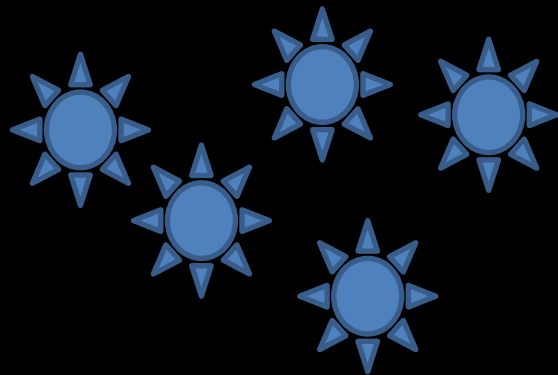
Δ Drug-induced hepatitis				Lipodystrophy		Renal impairment	
AZT	AZT	3TC	LPV/r	ATZ/r	DRV/r	DRV/r	DRV/r
3TC	3TC	ABC	TDF	TDF	TDF	ETR	ETR
IDV	ABC	EFV	D4T	FPV	RAL	T20	T20
			3TC				

# Scenario 1

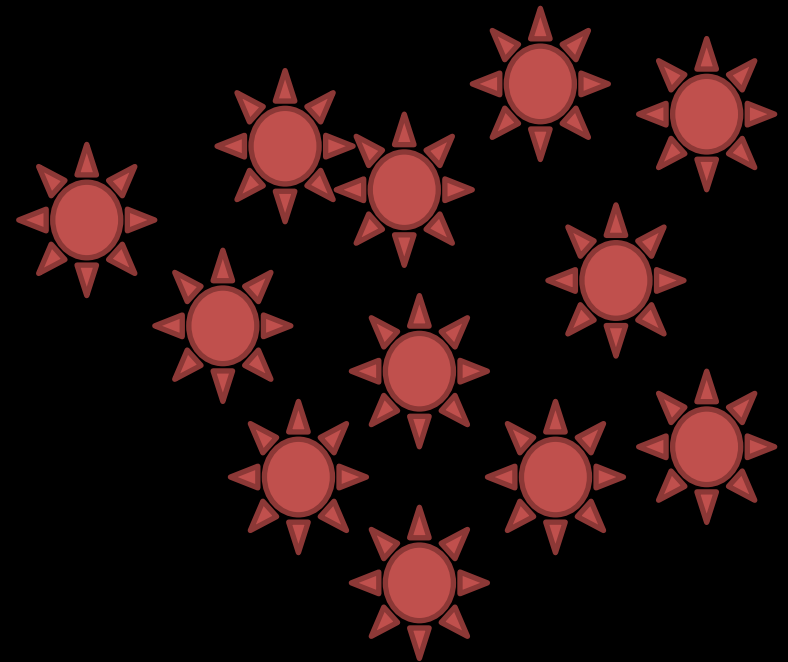
- During the 2001 virological failure the multi-resistant virus went to the CNS
- Remained as latent CNS reservoirs 2001-2007
- In 2008 started an independent ongoing replication spreading viruses in peripheral blood and causing the LLV in plasma

If the source of LLV is the CNS, the virus detected in the 2 compartments should be the same, but...

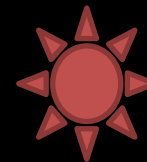
PLASMA



CNS



No resistance mutations



D67N, K103N, M184V, T215Y,  
Y143C

# Scenario 2

- During the 2001 virological failure the NRTI/NNRTI resistant virus goes to the CNS and establishes itself.
- Boosted PI therapy finally causes resistance in the plasma but not in the CSF.
  - PI more effective in the CNS?
- RAL pressure results in the Y134C, because DRV/r fails to support it.
  - Indication of PI penetration in CNS cells is problematic

Manifestation of drug ineffectiveness in two different compartments with separate evolving of the same archived virus.

# Compartmentalization, PK & PD

- DRV levels in CSF were adequate
- Intracellular kinetics



## Persistent HIV-1 replication is associated with lower antiretroviral drug concentrations in lymphatic tissues

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- Protein binding (eg  $\alpha$ 1-acid glycoprotein) and drug efflux pump (eg P-glycoprotein)
- Inter-individual variability

# CSF-Plasma discordance (1)

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- UK PARTITION study (CROI 2014 poster)
  - Group A (n=105) had indications of neurological disease. Group B (n=40) experienced unexplained viraemia ( $\geq 50$  copies/ml) within the previous 12 months, in the absence of neurological disease.
  - CSF/plasma discordance, was present in 13.1% of the study population.
  - Association between CSF/plasma discordance and nadir CD4 demonstrated (as previously shown).

# CSF-Plasma discordance (2)

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- Viral Escape in CSF during suppressive ART (Eden et al)
  - Asymptomatic with VL < 50cp/mL (n=69)
  - 10% of subjects had CSF HIV-1 RNA > 50 copies/mL
  - significantly longer exposure to ART and higher levels of intrathecal immune activation
  - CPE ranking was not correlated with either detectable CSF HIV-1 RNA or level of intrathecal immune activation



# Take home messages - Discussion

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1. Drug effectiveness against virus replication is not necessarily predicted by TDM.
2. Ongoing virus replication at “sanctuary” sites is not always the source of LLV in plasma.
3. How does LLV due to non-resistant virus detected in genotype tests persist?
4. Which patients should undergo a LP?