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# Population pharmacokinetics of bedaquiline (TMC207) and its M2 and M3 metabolites with efavirenz demonstrate reduced exposure

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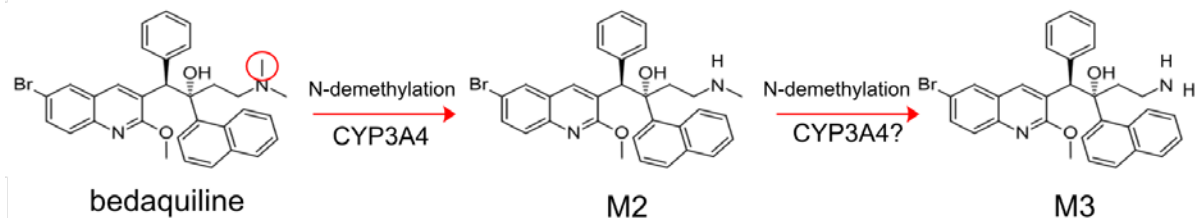
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# Background

- Co-infection with tuberculosis (TB) and HIV is common
- Bedaquiline is an investigational anti-TB agent
- CYP3A4 activity is induced by efavirenz and bedaquiline is a substrate of CYP3A4



- M2 and M3 are less active *in vitro* against *M. tuberculosis*, monitor for safety reasons

**Objective:** To develop a population model that describes the effect of efavirenz induction on the PK of bedaquiline and M2 and M3 metabolites after multiple doses.



# Methods: Data from ACTG Study 5267

- 2 doses of 400 mg in 33 healthy volunteers
- PK sampling over 14 days after dose
- Bedaquiline, M2 and M3 assayed
- EFV started at day 15, PK measured at day 28



Dooley *et al.* J Acquir Immune Defic Syndr, 2012;59(5)



# Methods: Limitations

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- Given the long terminal half-lives, extrapolation from single dose to steady state is limited
- Potential differences in PK between healthy volunteers and patients
- Relationship between PK parameters and treatment response not well characterized, hence the clinical importance of a changes is hard to assess



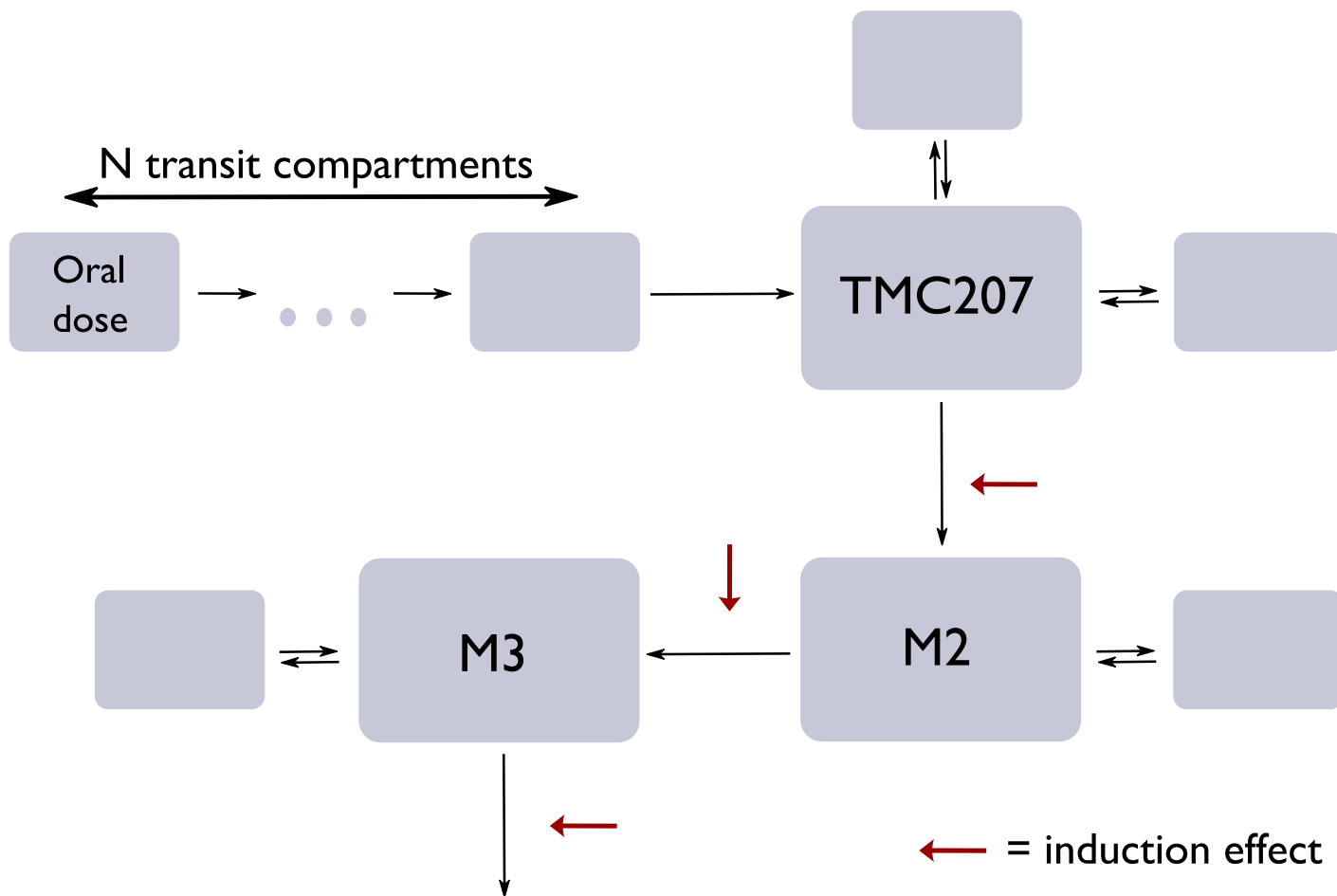
# Methods: Model building

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- Non-linear mixed effects models
- Software: NONMEM 7.2
  - Additional tools: PsN, Xpose4, Pirana
- Models selection based on:
  - Objective function value
  - Graphical analysis (goodness of fit plots and visual predictive checks)
- Evaluation of a range of structural assumptions



# Results: Structural model





# Results:

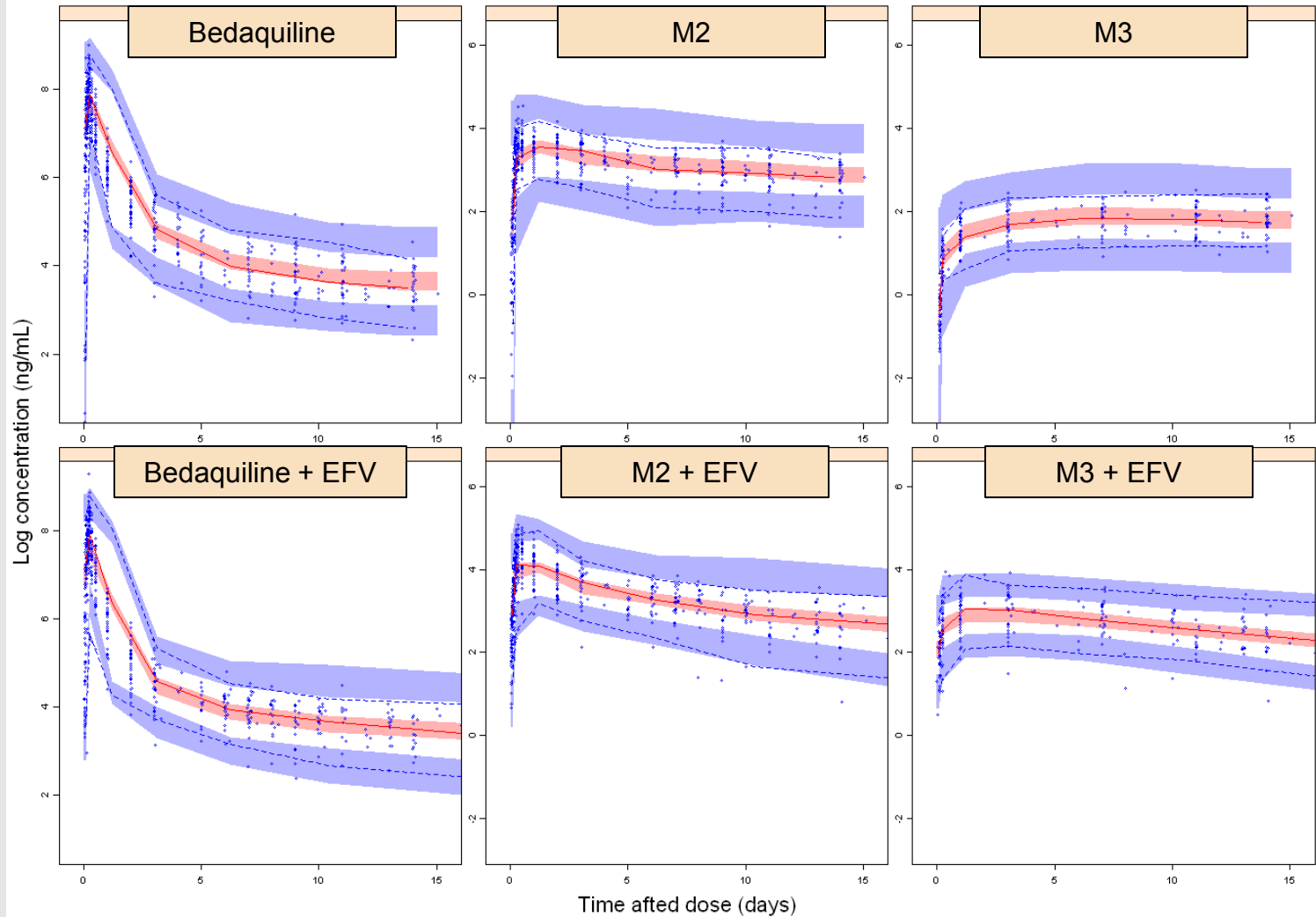
## Model features

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- Simultaneous analysis
- Full induction effect starting after one week of EFV treatment
- No significant difference in the magnitude of the induction effect on bedaquiline and M2
- Estimated factor change in CL with induction:  
bedaquiline and M2: **2.07** (RSE 3.6%)  
M3: **1.12** (RSE 3.6%)
- Correlations between CL and induction effects for bedaquiline, M2 and M3



# Results: Visual predictive check







# Results: Impact on exposure

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$$C_{SS,av} = \frac{F \cdot Dose}{CL \cdot \tau} \Rightarrow Rel_{C_{SS,av}} = \frac{C_{SS,av}(EFV)}{C_{SS,av}} = \frac{CL}{CL(EFV)}$$

	Bedaquiline	M2	M3
<b>Rel <math>C_{SS,av}</math> (SE)</b>	48 (1.9)%	48 (1.9)%	88 (3.7)%
<b>Inter individual variability [CV] in Rel <math>C_{SS,av}</math> (SE)</b>	21 (2.7)%	29 (7.7)%	35 (9.8)%

Calculated from simulated (n=10000) individual CL values from each of 93 sets of parameter estimates obtained in a bootstrap of the primary model.



# Results: Alternative models

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Evaluate different assumptions regarding:

- the fractions of bedaquiline converted to M2 and of M2 converted to M3
- the time for onset of induction
- the induction effect on bioavailability

The results were robust:

Bedaquiline, M2 and M3 exposures on EFV induction were estimated to between 48-64%, 48-60% and 85-110% respectively of the non-induced condition under all assumptions



# Results:

## Possible dose adjustments

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### Standard regimen:

2 weeks 400 mg QD + 22 weeks 200 mg thrice weekly (TIW)

### Scenario:

- Patient diagnosed with TB and HIV simultaneously
- EFV treatment initialized at start of week 3 of bedaquiline treatment

### Evaluated cases:

Unchanged bedaquiline dosing

2 weeks 400 mg QD + 22 weeks 200 mg TIW

Alt. 1: Change dosing frequency

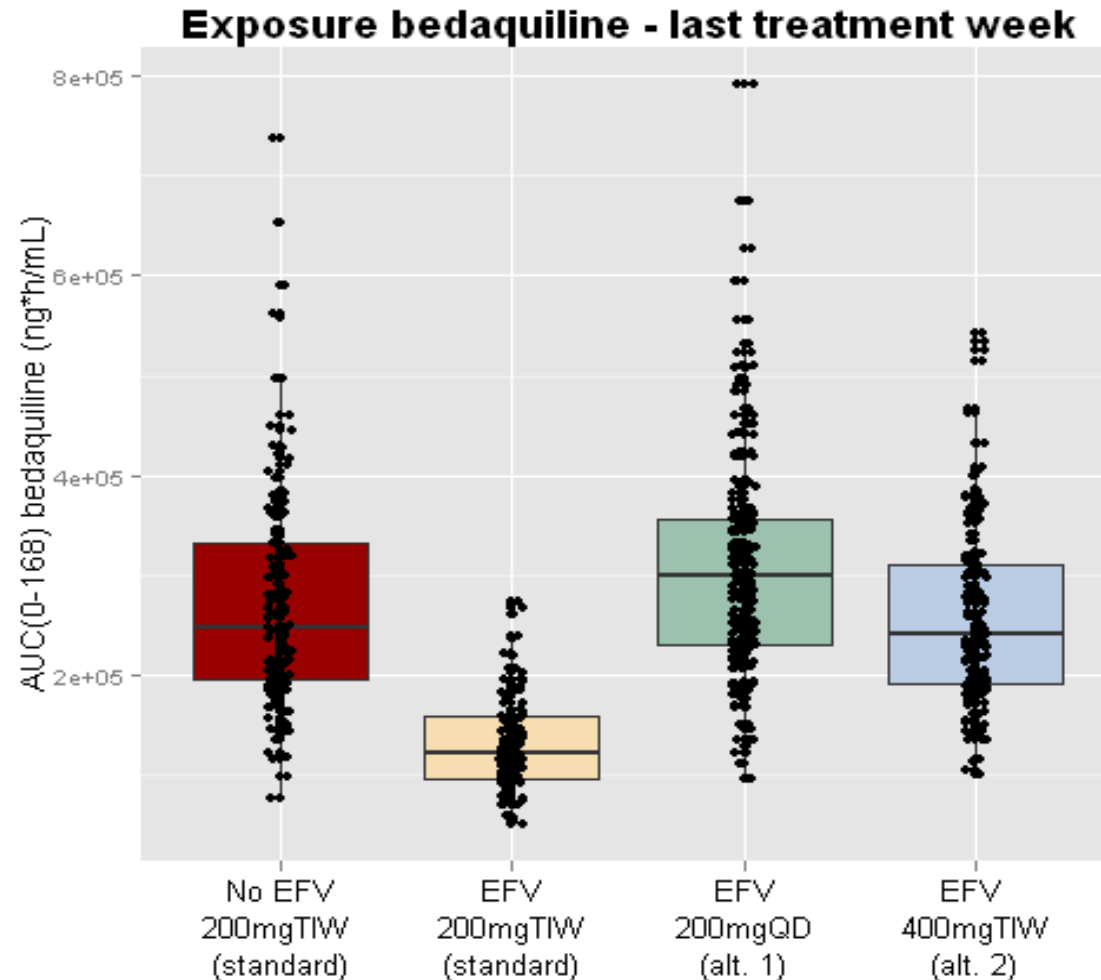
2 weeks 400 mg QD + 22 weeks **200 mg QD**

Alt. 2: Increase dose

2 weeks 400 mg QD + 22 weeks **400 mg TIW**



# Results: Possible dose adjustments





# Conclusions

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- EFV may **reduce the typical exposure to bedaquiline and M2 by up to 52%** upon chronic co-administration
- The result was robust under a range of plausible model assumptions
- Simulations of dose adjustments suggest that alternative dosing strategies could mitigate the effects of EFV induction on bedaquiline, but these must be tested prospectively



# Acknowledgments

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- The Pharmacometrics group, Uppsala University  
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